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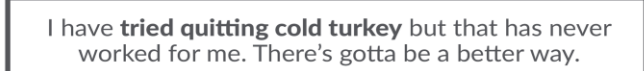
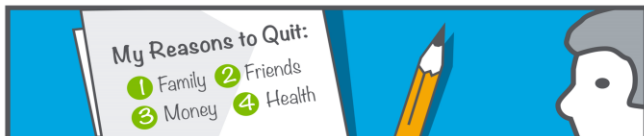
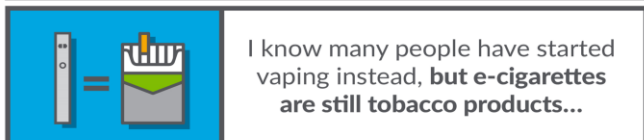
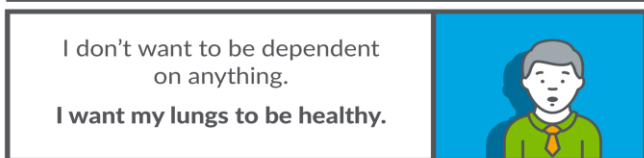
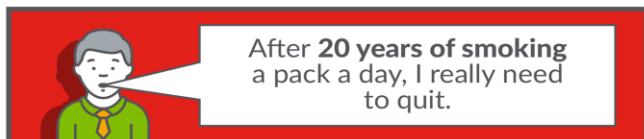


December 2019 Newsletter

Center for a Tobacco-Free Finger Lakes (CTFFL)
(Funded by NYSDOH, Bureau of Tobacco Control)

Serving: Chemung, Livingston, Monroe, Ontario, Seneca,
Schuyler, Steuben, Wayne & Yates counties

Contact Connie Bottoni at connie_bottoni@urmc.rochester.edu if you wish to receive or stop receiving this monthly newsletter.



New York State Department of Health
Announces New Services to Help
E-Cigarette Users Quit in Response to
Nationwide Outbreak of Vaping-Associated
Illnesses.

The NYS Smokers' Quitline Now Offers
Nicotine Patches, Gum and Lozenges for
Users of E-Cigarettes.

Contact the Smokers' Quitline at:
Toll Free #: 1-866-697-8487
Website: www.nysmokefree.com



It's time to be tobacco-free for good.

The FDA has **not** approved e-cigarettes as a quit smoking device.

Quit, Don't Switch.



FREEDOM FROM SMOKING[®] PLUS

Access 10% off the American Lung Association's proven-effective
Freedom From Smoking[®] Plus at Lung.org/quit-dont-switch.

On November 13, 2019, the Age to Purchase Tobacco and
E-Cigarettes in NY State Changed from 18 to 21 Years of Age.

For more information or to schedule a CTFFL tobacco intervention training, contact:
Thomas Della Porta, PhD, Project Manager, Center for a Tobacco-Free Finger Lakes
Thomas_dellaporta@urmc.rochester.edu Phone: (585) 275-0598 Fax: (585) 424-1469

Tobacco Users and Providers can contact the NY State Smokers' Quitline or visit their website for support and
resources at: 1-866-697-8487 or their website www.nysmokefree.com.