Reflective Writing for Clinicians

Session I – Friday, March 3, 4:00 – 5:30 PM - Hawkins Room 1-7438
Session II – Friday, April 7, 4:00 – 5:30 PM - Louise Slaughter Room 1-9555
Session III – Friday, May 12, 4:00 – 5:30 PM - Northeastern Room 1-9525
Session IV – Friday, June 9, 4:00 – 5:30 PM - CEL 2-7520

Presented by:

Colleen Fogarty, MD, MSc
Director, Finger Lakes Center for Primary Care Clinician Education
Director, Family Medicine Faculty Development Fellowship
Assistant Director, Family Medicine Residency

Natercia Rodrigues, MD
Instructor of Clinical Family Medicine

Personal reflection and creation of narrative have been methods of making meaning for clinicians, and may lead to an increased sense of well-being. This writing workshop for URMC clinicians will use principles adapted from narrative medicine developed at Columbia University College of Physicians and Surgeons, as well as other free-writing exercises. Participants will have the opportunity to write in response to prompts, as well as read their work aloud and listen deeply to others work. As authors of poetry, personal narrative, and empiric work, the facilitators, Colleen Fogarty, MD, MSc, and Natercia Rodrigues, MD, bring a wealth of personal experience and professional facilitation to the mini-series. The four 90-minute sessions will consist of reading selected pieces of literature, responding to writing prompts, and optional sharing of personal reflections.

At the conclusion of the series, the participant will:

- Experience close reading of literature as it applies to observational skills in clinical care.
- Reflect on their own patient care experiences through creative writing of brief narrative and poetry, and listening to colleagues’ writing.
- Explore the human experience of illness and healing, in our patients and ourselves.

To register for this series, please contact Nina Koski at Nina_Koski@urmc.rochester.edu

Participants must pre-register for the entire series. Attendance is limited so early registration is encouraged.

This Medical Faculty and Clinician Wellness Series is a qualifying activity for the URMC Malpractice Premium Differential Program. Each session in this mini-series will count towards the 7 wellness sessions needed to qualify for the 2018 Malpractice Reduction Premium.

ACCREDITATION
The University of Rochester School of Medicine and Dentistry is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CERTIFICATION
The University of Rochester School of Medicine and Dentistry designates each live activity for a maximum of 1.5 AMA PRA Category 1 Credits(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.