



I helped improve health care for myself.

And maybe, for many other Latinos. Every day, clinical trials and studies are helping to find better ways to treat and prevent disease. But there's one problem: Latinos don't participate in health research as much as others do. And that means doctors and nurses don't know enough about the best ways to keep us healthy. But there's something you can do to change that: Find out more about health research and how it helps to find better treatments for diseases like diabetes and high blood pressure. Then consider participating in a clinical trial or study yourself. To find out more, visit www.healthresearch.urmc.edu or call **(585) 275-8762**.

MEDICINE *of* THE HIGHEST ORDER



UNIVERSITY *of*
ROCHESTER
MEDICAL CENTER

CLINICAL AND TRANSLATIONAL
SCIENCE INSTITUTE