



Treat Nicotine

Center for a Tobacco-Free Finger Lakes

Partnering with Cayuga, Chemung, Livingston, Monroe, Ontario, Schuyler, Seneca, Steuben, Tompkins, Wayne, & Yates Counties

Contact us: Phone: 585-276-7223 | Click for [Website](#) or [Facebook](#)

YOUTH E-CIGARETTE USE DECLINES IN MONROE COUNTY, ACCORDING TO YRSB

The Monroe County edition of the Youth Risk Behavior Study (YRSB) recently released its 2021-2022 data on trends in youth health. The YRSB is an online questionnaire that was administered to around 19,000 students in the county that attend a public high school.

The report found a promising decrease in the percentage of students that had ever tried a vape product from around 35% in 2019 to 22.6%. As students increasingly return to in-person school and may encounter and be offered vape products, it is unsure if this trend will hold. Nevertheless, 81.6% of students agreed that e-cigarettes are addictive, and 43.1% reported successful attempts to quit.

[Click here for more: Monroe County YRSB](#)

PROPOSED MENTHOL BAN GETS MIXED REVIEWS FROM BLACK LEADERS

Gov. Kathy Hochul is proposing banning flavored tobacco products, including menthol. Thursday, a group of Black clergy in Buffalo expressed concern about the plan, suggesting it unfairly targets people in their community. The co-chair of the national African American Tobacco Control Leadership Council, Carol McGruder, said these laws are not about penalizing Black people, but rather righting wrongs of the past and saving lives.

[Click here for the full story: Proposed Menthol Ban](#)

FREE COMMIT TO QUIT! GROUP PROGRAM

A free six-session program offered over Zoom, the Center for Community Health & Prevention's **Commit to Quit! group program** provides an interactive, encouraging, and understanding environment designed to support your journey to cut back or quit smoking/vaping. Each 60-minute session is led by trained lifestyle counselors and cessation experts. Gain valuable information and connect with those with similar goals. Resources for further individualized services are provided if needed.

Participants can sign up for all six sessions or one or two. The program is flexible. Internet access is required for participation. The next series starts on March 16.

[Register online HERE](#)

OREGON TO BAN SALE OF FLAVORED VAPE & TOBACCO PRODUCTS

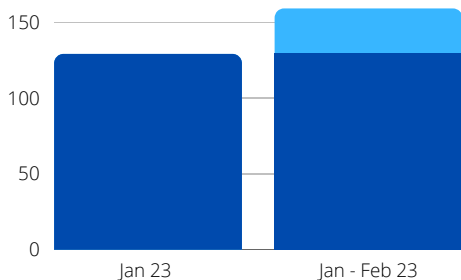
Similar to NY, Oregon placed a tax on electronic cigarette products. According to the director of government relations for the American Cancer Society, Jame Dunphy, this bill aims to reduce the number of people who vape through an explicit definition to prevent loopholes.

[Read more HERE: Oregon Bill](#)

NYS Smokers' Quitline Referrals

Provider Referrals Increase Quit Success!

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