



Treat Nicotine

Center for a Tobacco-Free Finger Lakes

Partnering with Cayuga, Chemung, Livingston, Monroe, Ontario, Schuyler, Seneca, Steuben, Tompkins, Wayne, & Yates Counties

Contact us: Phone: 585-276-7223 | Click for [Website](#) or [Facebook](#)

NEW BRFSS BRIEF: ELECTRONIC CIGARETTE USE, NYS ADULTS, 2020

The Behavioral Risk Factor Surveillance Survey is an annual telephonic survey developed by the CDC and administered by the NYS Department of Health.

This newly released report specifically highlights NYS Adult Electronic Cigarette use.

- The prevalence of e-cigarette use among adults in NYS in 2020 is 4.1%, which represents an estimated 577,000 adult New Yorkers.
- In NYS, e-cigarette use rates are highest among
 - Young adults who are 18-24
 - Adults who are current cigarette smokers
 - Adults reporting frequent mental distress
 - Adults 25-34 years of age
 - and more...

Read more: BRFSS REPORT

CDC STUDY ON DISPARITIES IN CIGARETTE USE AMONG BEHAVIORAL HEALTH

The CDC released a study regarding the disparities of cigarette use among adults with mental health conditions.

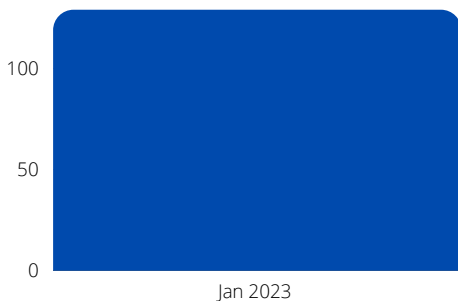
CTFFL can help train behavioral health staff with the latest info and trends in tobacco cessation efforts.

Click here for the full study: CDC Tobacco use study

NYS Smokers' Quitline Referrals

Provider Referrals Increase Quit Success!

Contact us to learn how to use the online referral portal for the Quitline!



www.nysmokefree.com/HealthcareProviders/ReferralPrograms

Free Nicotine Patches/Gum Call: 1-866-697-8487

Visit: nysmokefree.com

nysmokefree.com/newsroom

WEBINARS AND UPCOMING EVENTS

"It's About a Billion Lives" Annual Symposium on Tobacco Control
Thu, Jan 26, 2023 at 8:00 AM

American Lung Association Training:
ACT to Address Youth Cessation
ACT to Address Youth Cessation
([lung.training](#))

NYS Quitline presents: Nicotine and Stress: A Vicious Cycle
Webinar and Resource Slides
Media Archive (nysmokefree.com)

The National Center for Excellence for Tobacco-Free Recovery Presents
a free WEBINAR SERIES / CEUs:
Click: FREE CME/CEs for Webinar Collections | Smoking Cessation Leadership Center (ucsf.edu)

ROSWELL PARK AWARDED 5 YEAR QUITLINE CONTRACT EXTENSION

The NYS Smokers' Quitline provides free and confidential telephonic, digital, and internet-based information and tobacco use cessation services to NYS residents seeking information on quitting tobacco, including e-cigarette, use. The Quitline also provides free starter kits of nicotine replacement therapy to medically eligible New Yorkers.