



# Treat Nicotine

Center for a Tobacco-Free Finger Lakes

Partnering with Cayuga, Chemung, Livingston, Monroe, Ontario, Schuyler, Seneca, Steuben, Tompkins, Wayne, & Yates Counties

Contact us: Phone: 585-802-9944 | [Click for Website or Facebook](#)

## ADULT SMOKING RATE DROPS TO 12% IN NYS; WORK STILL TO BE DONE.

New York State Department of Health Announces Rate of Adults Smoking Cigarettes Dropped Consecutively Over Past Four Years.

The prevalence of cigarette smoking among NYS adults in 2020 is down to 12.0% from 15% four years prior and 14.7% in 2017. While cigarette smoking rates among young adults ages 18-24 have dropped to a new low of 5.5%, New York young adults remain the primary users of e-cigarettes and vape pens. The data show that nearly 40% of 12th-grade students and 27% of all high school students in New York State had used e-cigarettes.

<https://tinyurl.com/twelvepercent>

## IMPORTANT DATES & WEBINARS

### Juneteenth - June 20th

Progress being made to help Black and African Americans quit:

[Click for JAMAQuitProgress](#)

### Latest Report from the NYS Bureau of Tobacco Control

[Click for BRFSSsmoking2022](#)

### June is National Pride Month

How tobacco companies target the LGBTQ+ Community

[Click for cancer-network](#)

### Mens Health Month

Wear Blue Day - June 17th

[menshealthnetwork.org/wearblue](https://menshealthnetwork.org/wearblue)

### "Addressing Tobacco, E-cigarette & Alternative Product Use with Young Adults"

Webinar on July 14th

[Click for July14VapeWebinar](#)

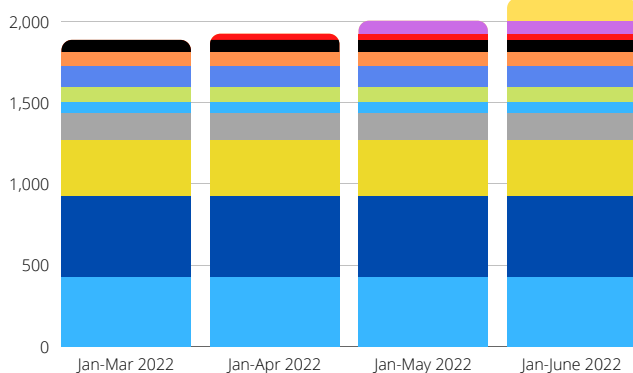
## LEARN2QUITNY TEXT PROGRAM LAUNCHED

The Quitline recently launched Learn2QuitNY, a free comprehensive six-week text program with step-by-step guidance for New York State residents to learn and practice skills that promote freedom from nicotine dependence.

Residents can enroll by visiting [nysmokefree.com/text](https://nysmokefree.com/text) or by texting QUITNOW to 333888.

## NYS Smokers' Quitline

Quitline usage up 140 users since May



## SURVEY RESULTS UNVEILED; WEBINAR NOW ON-DEMAND

2021 New York State Healthcare Professional Communication Preferences Survey found half (50.2 percent) of state-licensed healthcare professionals believed the COVID-19 pandemic effected "no noticeable change" on their patients who use tobacco or vape products.

<https://tinyurl.com/nyssurveywebinar>

June "Treat Nicotine" Newsletter - 06/15/2022

Free Nicotine Patches/Gum Call: 1-866-697-8487

The Check-Up: [tinyurl.com/thecheckup](https://tinyurl.com/thecheckup)

Visit: [nysmokefree.com](https://nysmokefree.com)