

# We support the whole family



**One Call,  
Complete Support**

Nothing is more important than the health of you and your loved ones—that's why Health Advocate offers our services to you, your spouse, dependent children, parents and parents-in-law! **We can help with a wide range of issues at every stage in life.**

## Starting life's journey

- **Find the right doctors**, including pediatricians, specialists, hospitals and facilities
- **Act as an ongoing resource** for you and your growing family
- **Weigh pros and cons of staying on parent's health plan**; understand coverage options for adult children over 26

## Staying the course

- **Explain health conditions**, diagnoses and treatments; research treatment options
- **Explain benefits** and your share of the costs to help make the right choices for your care
- **Understand coverage**; resolve claims and billing issues

## Aging and retirement

- **Guide the transition from traditional insurance to Medicare**; locate supplemental insurance options
- **Arrange doctor appointments**, including with hard-to-reach specialists, transportation services and more
- **Locate the right facilities** from assisted living to skilled nursing, long-term care and memory-impaired facilities

