

Pulmonary Rehabilitation

Our pulmonary rehabilitation program provides education and exercise for people with chronic lung diseases including:

- Asthma
- Chest wall and neuromuscular disorders
- COPD (Chronic Obstructive Pulmonary Disease)
- Cystic fibrosis
- Emphysema
- Interstitial lung disease
- Lung cancer
- Obesity-related respiratory disorders
- Pulmonary embolism
- Pulmonary hypertension
- Sarcoidosis
- Those waiting for lung transplants

The goal of pulmonary rehabilitation is to help people lead full, satisfying lives. It can help by:

- Decreasing respiratory symptoms and complications
- Helping people better understand and manage the physical and emotional aspects of their disease
- Improving and maintaining physical abilities with less shortness of breath
- Reducing hospitalizations

Our pulmonary rehabilitation unit offers:

- A modern, spacious environment
- State-of-the-art equipment
- Locker rooms with showers
- High-tech telemetry monitoring capabilities

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