



Rehabilitation Services, Equipment and Technology: Unsurpassed Locally

Outpatient, Inpatient and Acute Care Services

- **Physical Therapy** for a wide variety of conditions, including tendonitis/bursitis, strains/sprains, fractures, post-surgical, sports injuries, balance problems, wound care and joint replacements. The focus is to improve or restore function, independent mobility, prevent further progression of functional limitations, and to promote overall health, wellness and fitness.
- **Occupational Therapy** to restore or increase independent functional abilities with a number of programs including splinting, hand therapy, and assistive equipment training.
- **Speech Therapy** to treat a number of conditions, including dysphagia, swallowing difficulty, apraxia, speech, cognitive-communication and swallowing disorders. Neurological conditions commonly treated include Parkinson, MS, ALS, CP and CVA. Modified Barium Swallow study/ Videofluoroscopy allows real-time visualization of both solids and liquids through the oral pharynx and esophageal stages of a swallow. Studies are ordered through contacting Speech Pathology and completed in Radiology.
- Service is offered for all disciplines across the continuum from acute care hospitalization, to sub-acute care following at MercyCare to final level of recovery in outpatient treatment at St. James Mercy Hospital and MercyCare.
- **Individualized treatment program** for each patient based on an evaluation.
- **Wound care treatment** that includes several technologies including pulsed lavage, whirlpool, negative pressure wound healing, debridement and advanced dressings.
- **Women’s health services** for female incontinence at all levels and pelvic floor pain.

Equipment and Technology

SJMH offers the region’s most advanced array of rehab equipment and technology, providing significantly more treatment options than any local competitors.

Locations and Contact Information

Outpatient Therapy

St. James Mercy Hospital

Physical Therapy 607-324-8280

Occupational Therapy 607-324-6974

Inpatient Rehabilitation

MercyCare Campus

Physical Therapy 607-324-6969

Occupational Therapy 607-324-6974

SJMH Rehabilitation Services Philosophy of Care

We provide a personal, compassionate approach to rehabilitative care, designed to improve the patient experience while providing individualized, evidence-based treatment. This highly personal approach empowers patients to achieve their goals and maximum mobility, and attain the highest quality of life.

(over for staff bios)



Physical Therapy Staff



Christopher C. Donegan, PT, DPT
Director Rehabilitation Services

Practice: Sub-acute inpatient rehabilitation treating medical, orthopedic, neurologically-impaired and wound care patients.

Education:
BS Physical Therapy, Daemen College
Doctorate Physical Therapy, State University of New York at Buffalo

Certification:
New York State Licensed Physical Therapist

Professional Affiliations:
American Physical Therapy Association

Special Interests: Joint replacements, wound care

Johnna Sorensen, DPT
Physical Therapist

Practice: Sub-acute inpatient rehabilitation treating medical, orthopedic, neurologically impaired and wound care patients.

Education:
BS and Doctorate Physical Therapy, Daemen College

Certification:
New York State Licensed Physical Therapist

Professional Affiliations:
American Physical Therapy Association

Special Interests: Women's health, wound care



Mary B. Meyer, PT
Physical Therapist

Practice: Sub-acute inpatient rehabilitation treating medical, orthopedic, neurologically-impaired and wound care patients. School based Physical Therapy treating orthopedic, neurological and developmental disabilities. Home based Physical Therapy for adults. Early intervention treatment in home and clinical settings.

Education:
BS Physical Therapy, State University of New York at Buffalo

Certification:
New York State Licensed Physical Therapist



Alicia Ebersole, PT
Physical Therapist

Practice: Outpatient rehabilitation treating medical, orthopedic, neurologically-impaired and wound care patients.

Education:
BS Physical Therapy, Daemen College

Certification:
New York State Licensed Physical Therapist

Professional Affiliations:
American Physical Therapy Association

Special Interests: Personal interest in treatment of Lumbo-Pelvic-Femoral Pathomechanics utilizing postural restoration institute technique. Women's health related to pelvic floor pain and incontinence, and back pain.

Physical Therapy Staff



Eric Riedsorph, PT, DPT
Physical Therapist

Practice: Sub-acute rehabilitation for orthopedic, post-surgical care, vertigo, medical, neurologically-impaired and wound care patients.

Education:
Doctorate Physical Therapy, State University of New York at Buffalo

Certification:
New York State Licensed Physical Therapist

Professional Affiliations:
American Physical Therapy Association

Special Interests: Sports medicine, vestibular and spine rehabilitation, back pain



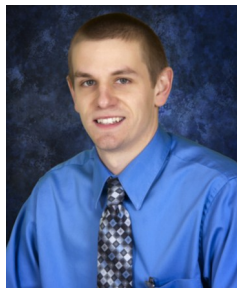
Cara Galletta, PT, DPT
Physical Therapist

Practice: Orthopedics, post-op care, balance and gait disorders, neurological disorders, and wound care.

Education:
BS Clinical Science, Ithaca College
MS Physical Therapy, Ithaca College
Doctorate Physical Therapy, Ithaca College

Certification:
New York State Licensed Physical Therapist

Special Interests: Motion analysis, competitive gymnastics



Giles Churchman, PTA
Physical Therapy Assistant

Practice: Outpatient physical therapy, sports rehabilitation

Education:
AAS Physical Therapy Assistant, Mercyhurst College

Certification:
New York State Licensed Physical Therapy Assistant

Special Interests: Sports medicine, Kinesio tape certified, myofascial technique

Occupational Therapy Staff



Lisa McGowan, MS, OTR/L
Occupational Therapist

Practice: Sub-acute inpatient rehabilitation treating medical, orthopedic, and neurologically-impaired patients.

Education:
BS Occupational Therapy, Keuka College
MS Education, Alfred University

Certification:
New York State Licensed Occupational Therapist

Special Interests: Teaching



Shannon Zigenfus, OTR/L
Occupational Therapist

Practice: Sub-acute inpatient rehabilitation treating medical, orthopedic, and neurologically-impaired patients.

Education:
MS Occupational Therapy, Keuka College
BS Occupational Science, Keuka College
BS Psychology, SUNY Brockport
AA Alfred State College

Certifications:
New York State Licensed Occupational Therapist

Professional Affiliations:
American Occupational Therapy Association

Special Interests:
Treatment throughout a person's lifespan

Speech Therapy Staff



Michael Crandall, MA, CCC, SLP
Speech Language Pathologist

Education:
BA Communicative Disorders, State University of New York at Geneseo
MA Communicative Disorders and Sciences, State University of New York at Geneseo

Certifications:
New York State Licensed Speech Language Pathologist
Certificate of Clinical Competence
Certified K-12 Teacher of Speech and Hearing Handicapped

Professional Affiliations:
American Speech and Hearing Association