



## Speech and Language Therapy Evaluation and Treatment

### **Speech Therapy Location**

Mercycare Campus, 1<sup>st</sup> floor  
1 Bethesda Dr.  
Hornell, NY 14843  
Phone 607-324-6974  
Fax 607-324-6994

### **What is Speech Therapy?**

Speech therapy is the treatment of speech and communication disorders. It may include physical exercises to strengthen the muscles used in speech, speech drills to improve clarity, or sound production practice to improve articulation. Our Speech and Language Therapy service helps children and adults who have problems speaking, communicating or swallowing for any number of reasons. You may have communication problems as a result of a stroke, Parkinson's disease, multiple sclerosis, cancer or another medical condition. If you have voice, articulation, language or fluency problems we can offer you therapy to help you manage your condition. If you have swallowing problems, our therapist service may be able to help you with advice and assistance to eat and drink safely.

### **What should I bring with me to my first appointment?**

Please bring the speech therapy script that your doctor wrote for you and your insurance cards. Please note that sometimes your doctor's office faxes a script to us on your behalf, and you may not have been given one. Either way, if you physically have a script, please bring it.

### **Should I take my regular medications before I come?**

Yes, please follow your normal medication schedule. If you have pain medications that you have been directed by your Doctor to take as needed, they should be taken about 45 minutes before your appointment as able, and if they do not affect your ability to attend your appointment.

### **Will I experience pain during my appointment?**

Evaluation and treatment is different for everyone, depending on the problem. It is sometimes necessary to do things that cause discomfort during the evaluation and treatment, though this is kept to a minimum. Your Therapist will work closely with you to manage any discomfort.

### **How long will each session take?**

The first session will be the longest and should take less than one hour. Follow up appointment sessions for treatment generally last 30 – 45 minutes.