High School Student Volunteers

Close to 300 high school students are participating in the summer volunteer program here at Strong Memorial Hospital and its offsite affiliates. The students are wearing burgundy golf shirts with the Friends of Strong logo and also have a university volunteer ID. All of them are very excited to be volunteering in our program, so you if see one of them, please say “hello” and welcome them to Friends of Strong!

We will begin making appointment for our Fall Adult/College information sessions beginning the week of August 13. Anyone that is interested in finding out about volunteering with Friends of Strong is welcome to call and sign up for a session.

Congratulations to Richard Perez

Long-time Friends of Strong volunteer and liver-transplant recipient, Richard Perez, was chosen as one of only five unsung heroes from across the nation to receive the Jacqueline Kennedy Onassis Award for Outstanding Public Service—recognizing 15 years of his public service as a champion for Organ Donation and Transplantation, as well as being a source of comradery and support for fellow transplant patients and volunteers at Strong Memorial Hospital.
Gift Planning—A Legacy to Be Proud Of

As a volunteer, you’ve been generous in giving your time to Friends of Strong. Did you know that gift planning can be another way to support Friends of Strong? Gift planning enables you to make a current or future gift to the Friends of Strong in ways that best meet your financial and philanthropic goals for yourself and loved ones.

Your support helps us better serve our patients, families and visitors—providing much-needed patient care equipment, such as wheel chairs and other comforting amenities.

Outright Gifts

Appreciated Securities
Make a gift of appreciated stock or mutual funds to Friends of Strong and take advantage of two tax benefits. Transfer securities, avoid capital gains tax and enjoy a charitable deduction when you itemize on your federal tax return.

IRA Charitable Rollover
Individuals 70.5 and older can make a charitable distribution directly from an Individual Retirement Account tax-free. A charitable distribution counts toward your required minimum distribution (RMD) up to $100,000 per person.

Deferred Gifts

Bequests and other Testamentary Gifts
A bequest to Friends of Strong is simple to accomplish and allows you to have a future impact. A provision in your will ensures that programs you care most about are supported. You can also name Friends of Strong as a beneficiary of retirement assets, life insurance or investment accounts. Already have Friends of Strong in your plans? Please let us know so we can thank you!

Life Income Gifts
Fund a charitable gift annuity and enjoy a charitable deduction today and fixed income for life for one or two beneficiaries. Fund a charitable remainder unitrust and enjoy a charitable deduction today and variable income for life or a term of years, for one, two or possibly more beneficiaries.

If you would like to learn more about giving to the Friends of Strong, please contact Melanie Oldfield at (585) 275-2420.

For more information about gift planning or to request sample will language or a personal life income gift illustration, contact: University of Rochester Office of Trusts, Estates & Gift Planning 1-800-MELIORA (800-635-4672) or 585-275-8894; by e-mail giftplanning@rochester.edu; or visit www.rochester.giftplans.org.
Save-the-Date

Be sure to mark your calendar with the following upcoming Friends of Strong events...

➢ Friends of Strong 2019 P.E.T.S. Therapy Calendar Promotion August 24-27. Purchase one calendar and get the second one at half price. The therapy dogs will help promote the calendars on the following dates and locations:
  ● Friday, August 24, 9:00 – 10:30 a.m. Finger Lakes Coffee Roasters MRB
  ● Friday, August 24, 11:00 a.m. – 1:00 p.m. FOS Gift Shop
  ● Saturday, August 25, 12:00 – 2:00 p.m. FOS Gift Shop
  ● Sunday, August 26, 12:00 – 2:00 p.m. FOS Gift Shop
  ● Monday, August 27, 9:00 – 10:30 a.m. Finger Lakes Coffee Roasters MRB
  ● Monday, August 27, 11:00 a.m. – 1:00 p.m. FOS Gift Shop

➢ Friends in Good Taste: Beer and Food Pairing fundraiser will be held on Saturday, October 20 from 12-3 p.m. at Three Heads Brewing. Drawings and silent auction items will be included along with live music. All proceeds benefit patient care. Tickets are $40 and can be purchased at: event.urmc.edu/smhbeer2018

➢ Friends of Strong Pre-Black Friday Sale fundraiser will be held on Friday, November 16 from 8 a.m. to 5:30 p.m. in the Flaum Atrium. A variety of vendors offering handcrafted items will be participating. All proceeds benefit patient care. The event is open to the public.

Run/Walk to Benefit Transplant

Thank you for supporting the Seventeenth Annual Rochester River Run/Walk 5k on Sunday, August 5, at Genesee Valley Park. The event was our most successful run/walk ever with nearly 1,000 participants! Everyone enjoyed the cool spring weather and refreshments. Prizes were awarded to the top pledge collectors and runners in various age categories.

We were fortunate to raise nearly $45,000 to benefit transplant patients and their families. The Seventeenth Annual Rochester River Run/Walk 5k will be held on April 14, 2019. Details will follow in future Volunteer Update newsletters.

Save 25% at the Gift Shop

Enjoy 25% off your purchase in the Friends of Strong Gift Shop on the 25th of each month. Some items are excluded. No ID required.
Welcome New High School Volunteers

Sara Abdul Walli  
Madison Adams  
Selin Akbas  
Abdullah Al Azzawi  
Brennen Albert  
Griffin Alberti  
Brady Albright  
Connor Albright  
Jenna Alden  
Aaron Anandarajah  
Natalie Aroesty  
Asra Asad  
Nidia Baby  
Mia Baggett  
Zain Baig  
Francesca Battista  
Mary Bedzky  
Thomas Birmingham  
Victoria Bisconti  
Brooke Bishop  
Ashtyn Bishop  
Alex Bolis  
Garrett Bonacci  
Grace Bonacci  
Aliana Bondi  
Conrad Bremer  
Julia Brest  
MaryGrace Brizendine  
Matthew Buckovecky  
Ella Bulger  
Rebecca Butcher  
Benjamin Buyer  
Olivia Caldwell  
Taylor Castilo  
Samantha Call  
Matteo Capezzuto  
Vincenzo Capezzuto  
Makaya Cappono  
Sydney Carey  
Natalie Castaldo  
Nicole Catalfi  
Vankia Chaidhary  
Himanshi Chawla  
Mansi Chawla  
Jennifer Cherry  
Briania Chippone  
Bhuwana Chimmiri  
Taylor Cicoria  
Courtney Cincebox  
Ana Cottrell  
Kendall Cox  
Kylie Crowehechee  
Jack Cullen  
Amber Dangelmaier  
Kyle Dempsey  
Cassandra Denaro  
Kathleen Denvorid  
Lauren Devine  
Benedict DiGiovanni  
Kelechi Dimgba  
Matthew DiNatale  
Andrew Doan  
Juliana D'Orazio  
Jamal Dorsey  
Benjamin Eckdahl  
Anisha Epp  
Julea Farchione  
Natalie Farchione  
Marin Farchione  
Caitlin Farmborough  
Adelal-Samad Faroq  
Chiara Figer  
Megan Fiorella  
Molly Fisher  
Sarah Frischaum  
Juliette Frischaum  
Samuel Gala  
Honora Gallagher  
Jada Gerber  
Taylor Gerone  
Alexander Giola  
Lily Gleason  
Allison Goodman  
Christopher Grassi  
Jenna Greenwood  
Berin Gul  
Molly Haller  
Paige Hamilton  
Lindsey Hamilton  
Sophia Harvey  
Lily Hauschildt  
Isabella He  
Allison Heltz  
Allison Herendeen  
Alexis Herman  
Grace Higgins  
Brittany Hillman  
Sydney Hoang  
Lillian Hugg  
Lauren Hughes  
Aine Hutchinson  
Andrew Iker  
Kianna Jackson  
Briana Jeffries  
Zachary Johnson  
Brady Johnson  
Alicia Johnson  
Jessica Jong  
Julian Joseph  
Caleb Kaiser  
Olivia Keesee  
Katylin Keenahan  
Julia K.信息系统  
Brooklyn Kicher  
Erin Knickel  
Katyln Kobelski  
Madison Kobel  
Summer Koltay  
Jonathan Korkolin  
Erik Kuhn  
Sebastian Kulak  
Margaret Kazin  
Amber Lai  
Emily Laid  
Hannah Laid  
Kara Lang  
Nicole Lane  
Joseph Lamigan  
Megan Laubach  
Allison Lefebre  
Lily Lener  
Michael Li  
Joyce Liu  
Myraundna Lokwood  
Sadie Loria  
Jordan LoVerde  
Maggie Lu  
Zoe Lucyshyn  
Dominic Lucyshyn  
Elizabeth Maloney  
Jonah Malsegna  
Jacob Malsegna  
Anushka Mandava  
Melisela Marasliglu  
Sophia Larno  
Savannah Martin  
Samantha Michaud  
Hailee Mitchell  
Judith Monickaraj  
Aidan Morabito  
Elsa Murphy  
Molly Murphy  
Julia Napolitano  
Katherine Neyland  
Marissa Nicastro  
Alexys Orchele  
Sarah O'Hara  
Claire Oista  
Evan Olsen  
Isabella Orotz  
Andre Orose  
John Palermo  
Caroline Palermo  
Tony Palucci  
Antonia Panella  
Megan Peaces  
Emma Phelps  
Melina Pinzon  
Claire Powers  
Benett Prince  
Taylor Pudetti  
Henry Qin  
Olivia Randolph  
Briana Raskin  
Allison Raymond  
Jenna Reagan  
Jack Redder  
Alexis Redinski  
Rahul Ribiero  
Sean Richards  
Shelby Richard  
Meghan Robinson  
Jaen Rosario  
Maria Rosato  
Rohan Savage  
Taylor Sampone  
Ashley Sampone  
Makaya Santamantee  
Colette Seayeh  
John Sehaf  
Samuel Schilke  
Bailey Schuler  
Adhya Sharma  
Jadelynn Shee  
Maya Sheets  
Elijah Sifian  
Jacob Sigouin  
Zacharia Singetay  
Cameron Smith  
Barron Smith  
Sarah Smith  
Myanna Smith  
Nicholas Smith  
Naomi Snell  
Samantha Sorensen  
Elizabeth Sorensen  
Madison Spencer  
Grace Staub  
Marisa Steiner  
Sydney Strutt  
Salman Syed  
Emily Sylvester  
Riley Talavera  
Brook Teke  
Vivien Teng  
Jessica Thoen  
Kathleen Thomas  
Whitney Tucker  
Matthew Tyler  
Aman Ullah  
Alex Vences  
Zoe Verstraete  
Charli Vukanti  
Abigail Walent  
Elise Walent  
Christopher Walent  
Bryce Wallman  
Anna Walsh  
Anna Walsh  
Grace Walsh  
Bohan Wang  
Jaden White  
Aviana White  
Grace Whitenack  
Madison Wilder  
Samantha Wilmer  
Caroline Wirth  
Simon Wood  
Catherine Xie  
Dan Yang  
Vanessa Yang  
Jinghao Yao  
Angelina Zhang  

Donation

In Memory of Lisa Gutenberg

Jacqueline Johnson