

# FRIENDS of STRONG VOLUNTEER UPDATE

## Winter 2022

*News & Updates for Strong  
Memorial Hospital Volunteers*

Editor  
Susan A. Sullivan

Copy Editor  
Matt Ulakovic

585.275.2420  
friendsofstrong@urmc.rochester.edu

## Our Deepest Appreciation for You

*Dear Friends of Strong Volunteers,*

We continue to be amazed by the dedication and selflessness of you . . . our dedicated volunteers. We deeply appreciate all of you for going above and beyond our expectations during this critical time!

Throughout the pandemic, our volunteers have been the heart of our operations—demonstrating an exceptional bravery and commitment to the health of our community. You've provided unparalleled service and comfort to our patients, their families, and our caregivers in many ways great and small.

In 2021 nearly 400 of you served more than 50,000 hours throughout more than 20 different departments in the hospital and at offsite locations. Those numbers are quite impressive given the pandemic's recent surge and continued unpredictability.

Those who so quickly stepped forward with compassion to serve in the new Alternate Care Unit for seniors awaiting discharge to skilled nursing facilities have made such a positive difference for those patients and the staff on that unit.

Those who volunteered to help at the Pediatric Vaccination Clinics were particularly helpful in keeping nervous parents and children informed of where to go and providing that little extra attention to melt away their stress.

You all remain important to us, and you all add a much-appreciated element of personal service and comradery for our patients and their families, especially for our inpatient population during times of limited visitation.

*With respect and appreciation,  
Sandy Arbasak  
Director, Friends of Strong*

---

*Every day. Every year. Every way you support Friends of Strong helps enhance patient- and family-centered care initiatives at Strong Memorial Hospital. Since 1975, we've given more than \$19 million to programs and initiatives throughout the hospital.*



## 2022 Summer HS Program

An announcement will be made in the coming months with regard to whether or not our traditional Summer High School Program (May-July) will take place this year.

Please visit [fos.urmc.edu](https://fos.urmc.edu) for the latest updates on all of our volunteer programming.

Please call 585-275-2420 with any questions.

## Upcoming Events on Hold

Many of our events and fundraisers remain postponed until it is again safe to gather together in person.

## J-Co Reminder!

We're imminently scheduled to be surveyed by the Joint Commission; the organization that accredits hospitals with a nationwide seal of approval indicating the quality of our patient care across more than 500 standards.

Always wear your volunteer ID and "must knows" badge when volunteering. These badges are available from our office secretary if you need one.

If you are approached by a Joint Commission Surveyor with any hospital-related questions, you may pause and refer to your "must knows" badge or politely tell them you're "not sure, but can check with your supervisor and get right back to them." Never feel pressured to respond to a question if you don't know the answer!



## Booster Shot Deadline Fast Approaching; We Need to Hear from You!

While many of you have provided us with proof of your COVID Vaccine booster in recent weeks, we're still missing documentation from several of you.

**We're emailing those we haven't heard from, but want to remind you that ALL Friends of Strong Volunteers are required to receive a COVID booster vaccination by Feb. 21, 2022, or within 30 days of becoming eligible, if that is a later date.**

This also includes volunteers who serve at our off-site locations.

If we have not heard from you by Monday, Feb. 21, 2022, then we will assume that you do not intend to receive a COVID booster vaccination and you will be prohibited from volunteering with us until you either show that you have received the booster or that you are not yet eligible to do so.



## NEW: Cars for a Cause

Are you thinking of selling or trading in that old car, truck, boat, RV or snowmobile? Forget the hassle and donate your old ride to Friends of Strong instead.

It's quick. It's easy. And it only takes a few short minutes to complete the donation process!

Contact our vehicle donation partner, Vehicles for Charity, at 1-866-628-2277 or [fill out the online donation form](#) and designate Friends of Strong Memorial Hospital as your selected charity.

Vehicles for Charity will schedule a free pick-up, sell the vehicle at auction, and send you a receipt.



## Rochester River Run Returns!

Run, Walk or Pledge Your Support for Transplant Patients at Strong!

After a pandemic-pause of our favorite 5K fundraiser, the Rochester River Run returns (Virtually) on **Sunday, April 3**. Please plan to preregister, and join us from your very own race course to help us raise money to assist patients awaiting and recovering from heart, liver, kidney or pancreas transplant surgery.

Find all of the details beginning Wednesday, Feb. 16, when the run's website, [riverrun.urmc.edu](https://riverrun.urmc.edu), goes live and opens for registration and pledges.



## University Holidays

The Friends of Strong office will be closed in observance of the following University holidays this year.

Therefore, volunteers are not expected to report on these dates:

**Martin Luther King, Jr. Day**

Monday, Jan. 17

**Memorial Day**

Monday, May 30

**Juneteenth**

Monday, June 20

**Independence Day**

Monday, July 4

**Labor Day**

Monday, Sept. 5

**Thanksgiving**

Thursday, Nov. 24

Friday, Nov. 25

**Christmas**

Monday, Dec. 26



## Recognizing Our Donors

*Thank you to those who have generously supported our mission in the following ways:*

### Friends of Strong

Elaine Antocicco

Cheryl Arosety

Michelle Chang

Excelon

Roy Maratta

Karen Mulcahy

William Olsen

Elizabeth Peacock

Dr. John Randall

Roach, Brown, McCarthy Gruber, P.C.

Sayada Siddiqui

Trevor Unger

Upstate Event Management, LLC

Charles Woodford

***In Memory of Judith M. Miller***

Constance Archbald

Arlene Bobin

Suzanne Graser

John Gruber

Gail Vail

***In Memory of Chuck Prey***

J. Edward Allen

E. David & Barbara Appelbaum

Ruth Baltzer

Edith Bernstein

Doris Braine

Henra Briskin

Russell & Jane Chapman

Cynthia Clark

Marion Deprez

Robert & Irene Desmond

Teresa Dooley

David & Betty Dryden

Bill & Judy Farrell

Rose Faucette

Lindsay Garrett

Thomas Hargrave

Richard Hertz

Theodore & Kathleen Horne

Martha Kammire-Gerrity

Susan Kennedy

Nancy Lavine

Bill & Rebecca Levine

Julia Likely

Joshua Militello

Dr. Charles & Elizabeth Olin

Mary Rees

Nancy Robbins

Edward & Julianne Rubel

Harris "Bud" Ruitzky

Carol Salvatore

Todd Scherrer

Gwyneth Shaw

Todd Sheldon

Mark Staehle

Linda Stauber

David Strong

Susan Sullivan

Liam & Mary Kay Taber

The Wednesday Night Bridge Game

Melanie Thomas

Linda Tiffan

Josephine Walsh

Peter & Betsy Webster

Sherwin & Linda Weinstein

Peter & Shirley Weisenborn

***In Memory of Dr. Yegnaswami Raghunathan***

Tanya Awabdy

Bradenton Bridge Group

Scott & Kathleen Christman

Stephen Cohen

Vijay Iyer

Roman Lewyckyj

Yuka Nishino

Pratima Raghunathan

Krishna Rajamani

Norman Ryan

Vikram Shankar

Muriel Shaw

***In Memory of Patricia A. Seinowski***

Cemetery Road Neighborhood Committee

***In Memory of Diane Stigler***

Dorothy Mason

***In Memory of Craig Ward***

Susan Sullivan

*continued on next page . . .*

***In Memory of Michael Webber***

Peter & Shirley Weisenborn

***In Honor of Ellie Rogers***

Emily Felmet

**Louise Criticos Endowment**

Rose Faucette

**Transplant Patient Fund**

Karen Mulcahy

James Sozzie

Paul & Kaitlyn Vanvalkenburg

***In Memory of Erin A. Mangan-Isaacs***

Larry & Roxanne Jones

Diane Seward

***In Memory of Danielle McCarthy***

James & Ellen Englert

Jennifer Houghton

Bonnie Luvisi

Joyce Orrico

Jane Scura

James & Jeanne Sutton

Suzanne Verstranten



**Baby Love Holiday Drive**

*Our thanks also goes out to the following groups, departments and individuals from throughout our community who truly brightened the holidays for more than 250 young families enrolled in Strong Memorial Hospital's Baby Love and Building Healthy Families programs through the Department of Social Work.*

*Together, these families represent 362 babies, infants, toddlers and children from throughout our area.*

- |                                     |                                  |
|-------------------------------------|----------------------------------|
| AC -3                               | Neurology                        |
| AC – 5 Strong Internal Medicine     | Neurology – NP                   |
| Acute Care 6-1600                   | Neuro Muscular                   |
| Ain Center for Entrepreneurship     | Nursing                          |
| Ambulatory                          | Nursing 6-3400                   |
| Sharon Breeze                       | OB 3-1200                        |
| CEO & Dean's Office                 | Office of Counsel                |
| Child Neurology                     | Office of Learning & Development |
| CNPD                                | Office of the Provost            |
| Crandall Family                     | Office of Total Rewards          |
| Department of Pharmacy              | Susannah Orr                     |
| Department of Surgery               | Ortho Rehab                      |
| Directors' Office                   | Pediatric Hospital Medicine      |
| Eastside Internal Medicine          | Perioperative Services           |
| Anne Elphick                        | Physical Medicine & Rehab        |
| Andrea Feldman                      | PR                               |
| Financial Case Management           | Primary Care Managers            |
| Finger Lakes Donor Recovery Network | Program Administrators           |
| Food & Nutrition Services           | Psych SMH Social Work            |
| Friends of Strong                   | Anne Riley-Hill                  |
| GI Apps                             | Safety Net & Program Support     |
| Gynecologic Oncology                | SMH Ambulatory                   |
| Gwyndolyn Hankinson                 | Social Work & Family Services    |
| Jane Hasselkus                      | Space Planning                   |
| HIM at Brighton Health Center       | Anthony Stavalone                |
| HR                                  | Strong Internal Medicine         |
| Infectious Disease                  | Strong Surgical Center           |
| ISD                                 | Twelve Corners Internal Medicine |
| Jeremy Kellogg                      | UR Primary Care Spencerport      |
| Georgia LoCicero                    | URMC Compensation                |
| James Locke                         | URMFG Executive Office           |
| Marketing                           | URMFG Finance                    |
| Medical Center Executive Office     | Urology                          |
| Claire Miller                       | Rosemary Velozzi                 |
| Annika Mounts                       | Chris Whites                     |
| NICU                                | Wilmot Cancer Center             |
| Judi Neuderfer                      |                                  |