



YOU HAVE AN APPOINTMENT SCHEDULED IN OSTOMY SERVICE:

DATE: _____ **TIME:** _____

Office number to make or change appointment: (585) 262-9191

Tips to make your visit smoother:

- Please arrive 15 minutes early to your appointment
- Bring an extra set of ears (friend or family) to your visits
(It helps memory retention of information)
- Bring your medication list
- Bring a list of your questions to each visit

If you have an ostomy already:

- Limit your fluid intake, but you may eat a small meal prior to your visit
- **Bring your supplies (one of everything that you are using)**

Ostomy Services is located at:

160 Sawgrass Drive (back of building 160, west entrance)
Suite 130
Rochester, NY 14620
Phone number: 585-262-9191
Fax number: 585-256-2046

Directions to Ostomy Services:

From the South/Thruway Exit 46: Take I-390 North to (Exit 16) NY 15A/East Henrietta Rd. Turn right onto NY 15A N/East Henrietta Rd. Proceed 0.4 mi to Westfall Rd. Turn right onto Westfall Rd. Turn right at the light onto Sawgrass Drive; continue past the Division of Veterans Affairs to Building 160. Please use the west entrance (back of the building) to enter our facility.

From the West/Northwest: Take I-490 East to I-390 South. Take (Exit 16) NY 15A/East Henrietta Rd. Turn left onto East Henrietta Rd. and proceed ½ mi. to Westfall Rd. Turn right onto Westfall Road. Turn right at the light onto Sawgrass Dr; continue past the Division of Veterans Affairs to Building 160. Please use the west entrance (back of the building) to enter our facility.

From the East/Northeast: Take I-490 West to I-590 South. Exit at Winton Rd. (Exit 1). Turn right onto Winton Rd. and proceed ½ mi. to Westfall Rd. Turn left onto Westfall Rd. and proceed 1.7 mi. to Sawgrass Dr. Turn left at the light onto Sawgrass Dr; continue past the Division of Veterans Affairs to Building 160. Please use the west entrance (back of the building) to enter our facility.