

Ostomy Services

Ostomy Services provide expert comprehensive enterostomal therapy services for adult and pediatric patients with stomal and peristomal issues. Our holistic approach to care meets each patient's physical, social and psychological needs. We collaborate with referring providers to help ensure the most positive outcomes.

Our goal is to help patients heal from their ostomy surgery, providing the information and tools needed to return to their normal daily activities and live the best possible quality of life.

To schedule an appointment, call (585) 262-9191.

Preoperative Services

Counseling:

- Provide basic ostomy education related to surgical procedures, living with a stoma, and pre- and post-operative adjustments.
- Familiarize patients and their families with the various types of ostomy appliances, supplies and resources that are available.

Stoma Site Marking(s):

- Preoperative assessment of the abdomen is performed to determine the best location for stoma placement (more than one site may be marked).
- Proper stoma placement helps patients avoid post-operative wound and skin complications.

Postoperative Services

Education on Stoma Management:

- Patients and families are instructed on ostomy self-care, proper hygiene and skin health maintenance.
- Arrange for visit(s) by a home health agency prior to patient's hospital discharge, and provide information with this agency's staff for a seamless continuum of care.

General Care:

- Provide coordination and management for patients with a new or existing ostomy.
- Assist patients in selecting a reliable pouching system/appliance, keeping their personal needs and choices in mind.

Problem Solving and Ongoing Support:

- Refit pouching system/appliance to provide proper seal and optimum comfort as needed.
- Assist with short-term care needs and/or long-term management for patients with peristomal skin concerns, rashes, etc.
- Help alleviate lifestyle concerns associated with the ostomy, providing information and support as needed.
- Annual well visits.

Learn more at
ostomy.urmc.edu



OSTOMY SERVICES

160 Sawgrass Drive, Suite 130
Rochester, NY 14620

Located in the back of the building at the west entrance.

Directions to 160 Sawgrass Drive:

From the East

- Take NYS Thruway (I-90 West) to Exit 46.
- ▶ Merge onto I-390 North to Exit 16 (West Henrietta/East Henrietta Rd.).
- Turn right onto East Henrietta Rd. (NY-15A).
- Turn right onto Westfall Rd.
- Turn right at the light at the Division of Veterans Affairs to enter the campus.
- 160 Sawgrass will be on the left.

From the West

- Take NYS Thruway (I-90 East) to Exit 46.
- From this exit, follow directions "From the East ▶"

From the South

- Take I-390 North to Exit 16 (West Henrietta/East Henrietta Rd.).
- Turn right onto East Henrietta Rd. (NY-15A).
- Turn right onto Westfall Rd.
- 160 Sawgrass Dr. is on the right.



Direction Tip: Enter 160 Sawgrass Drive and keep straight to proceed to rear of building, west entrance. Suite 130 is on the right as you enter the building.