

# Laboratory Diagnostic Committee Process for Send-Out Testing

MEDICINE *of* THE HIGHEST ORDER



UNIVERSITY *of*  
**ROCHESTER**  
MEDICAL CENTER

# Laboratory Diagnostics Committee (LDC)

## Membership:

- URMC physicians and clinical laboratory scientists considered experts in their fields.
- Clinical subspecialties with high test utilization are represented. (Endocrinology, Genetics, Infectious Disease, GI, Neurology, OB/GYN, Oncology, etc.)

## Committee Actions:

- Review individual requests for reference tests that are of unclear, controversial, or poorly proven clinical value (Off-Formulary).
- Periodically review reference laboratory test menu and reference test ordering patterns.
- Continually review assignment of reference tests to restricted categories.
- Supports a policy that maximizing clinical utility of reference testing within the constraints of healthcare costs.

# LDC Reference Test Policy

**Purpose:** To establish guidelines for ordering restricted tests.

## **Tier 1 (Unrestricted)**

Tests available to all providers

## **Tier 2 (Restricted)**

Tests restricted to board-certified, subspecialty-trained physicians holding Medical Staff Privileges at Strong Memorial or Highland Hospitals

## **Tier 3 (Off Formulary)**

Testing not available due to unclear, controversial, or poorly proven clinical value. LDC approval needed to order test

# Tier II – Restricted Reference Lab Testing

Restricted tests are identified in the Test Index/Formulary. These tests can be ordered by board-certified, subspecialty-trained providers holding Medical Staff Privileges at Strong Memorial or Highland Hospital **without** preapproval.

- Physicians must request to be added to the list of providers approved to order Tier II Restricted tests. If you are a board-certified, subspecialty-trained provider holding Medical Staff Privileges at Strong Memorial or Highland Hospital and would like to be added to the approval list send an e-mail to [LDCExceptionHandling@URMC.Rochester.edu](mailto:LDCExceptionHandling@URMC.Rochester.edu) stating that you would like to be added to the Restricted Send-Out list.
- Once added to the approval list, the provider will have access to restricted reference lab tests in eRecord.
- Fellows, Residents and Genetic Counselors are not authorized to order Restricted and Off-Formulary tests.

# Test Index "Restricted Test" notice

LABORATORY TEST DIRECTORY

A	B	C	D	E	F	G	H	I	J
K	L	M	N	O	P	Q	R	S	T
U	V	W	X	Y	Z	#	Allergens		



## Laboratory Test

**11DEC 11 Deoxycortisol "RESTRICTED TEST"**

- Add To Favorites
- Print
- Help

Login

## RESTRICTED TEST INFORMATION

**RESTRICTED TEST: This test is restricted to board-certified, subspecialty trained physicians with Staff Privileges at Strong Memorial Hospital or Highland Hospital. For exceptions: Please refer to the LDC Appeal Process.**

## METHODOLOGY

Quantitative High Performance Liquid Chromatography-Tandem Mass Spectrometry

## SPECIMEN REQUIRED

**Collect** Serum separator tube. Also acceptable: Plain red, lavender (EDTA), pink (K<sub>2</sub>EDTA), or green (sodium or lithium heparin).

**Specimen Preparation** Transfer 0.5 mL serum or plasma to an ARUP Standard Transport Tube. (Min: 0.25 mL)

**Storage/Transport Temperature** Frozen.

## PERFORMED

Mon-Fri

## REPORTED

1-4 days

**ARUP Consult®**  
Disease Topics

# Tier III – Off-Formulary Reference Lab Testing

URMC Provider **Off-Formulary** requests will be reviewed by the LDC, frequently consulting with a sub-specialty expert. A decision (approved/ not approved) will be emailed to the requester.

- Off-Formulary requests are made by filling out the **One Time Authorization Web Form**: [LDC One Time Authorization Web Form](#)
- **Please note:** There are several required fields in the LDC One Time Authorization Web Form. In the Explanation field, strong clinical justification is essential.
- For not approved requests, an explanation for the LDC's decision is provided.

# Processing a Send-Out Laboratory Test Request

