Please note: It is best to have someone drive you to and from your appointments. Plan an extra 15 minutes to find adequate parking in the garage. Valet Parking is available for a fee and may be arranged by calling Friends of Strong Information Desk at 275-2182.

1. **Turn off Elmwood Avenue onto Thomas H. Jackson Drive to enter the Parking Garage. You will be able to park on Levels G through 5.**
2. **Take the Garage Elevators to the First Floor (Main Lobby).**
3. **Turn left as you exit the elevators, then go through the enclosed walkway into the hospital.**
4. **Turn right upon entering the building. Proceed past the Information Desk to Lab & Outpatient Services Room 1.1350, which is the SECOND door, on the LEFT, after you pass the Information Desk.**
5. **Check in at the receptionist desk and tell them you are there for the BLOOD DONOR PROGRAM.**

**ALTERNATE PARKING FOR DONORS WITH A HANDICAP PERMIT**

Handicap parking is available in the garage. Wheelchairs are available near the elevators on each level. Wheelchairs and ambassadors to assist you are also available in the Lobby at the Main Entrance. If you have special parking needs, please call the garage at (585) 273-4226.