



<b><u>Date:</u> ***</b>	<b><u>Arrival Time:</u> ***</b>
<b><u>Location:</u> 180 Sawgrass Dr. Ste 230 Rochester NY 14620</b>	

We are pleased that you have chosen UR Medicine for your medical care. Enclosed with this letter you will find the following:

1. **Procedure preparation instructions.** Please review these instructions now to be sure you understand and are able to complete prior to your scheduled appointment. If you should have concerns regarding these instructions or your ability to complete the preparation to its fullest extent, please contact our nursing staff prior to your procedure.
2. **Consent, Cost & Financial Assistance.** There is a sample consent copy available on our website: [www.gastro.urmc.edu](http://www.gastro.urmc.edu). The actual consent form will be reviewed with you on the day of your procedure for your written and/or verbal permission (***For screening colonoscopy, please refer to screening or diagnostic reference for important information regarding coverage and out – of – pocket costs***). If you have any questions on the cost of your procedure, please contact our UR Medicine Cost Estimation line at 585-758-7801.

**Please be advised of our no show or cancellation policy.** We have reserved this time for personal attention to your medical care. If you are unable to keep this appointment please notify us within 5 business days so that we can reschedule your procedure and utilize this time to serve other patients. Please contact us at 585-275-4711 with any questions or concerns.



## **FibroScan Prep Instructions**

### **On the day of your procedure:**

Do not eat or drink anything **3 hours before your test.**

### **When you leave for the procedure:**

- Bring a list of all of your current medications, including any allergy or over-the-counter medications.
- Bring a photo ID as well as up-to-date insurance information, such as your insurance card and any referral forms that might be required by your payer.

### **What is a FibroScan?**

The FibroScan is a non-invasive, pain-free test used to measure the stiffness of the liver in patients with liver disease. Liver stiffness helps your healthcare provider determine the best course of treatment for your disease. The stiffer the liver, the more advanced the liver disease. The FibroScan may also be used to monitor your liver during treatment to track effectiveness.

### **What should I expect during the FibroScan?**

During the exam, you will be lying down on your back with the right arm raised and tucked behind your head. Preparation includes no food or drink three hours before the exam and you may wish to wear a looser fitting shirt as the skin covering your right rib cage area will need to be exposed in order to complete the exam. A staff member will place a probe, similar to an ultrasound probe, on your side near where your liver is. That probe sends painless vibration through your body and into your liver. The probe measures how fast it takes the vibration to travel through the liver. The faster it takes the vibration to travel through the liver, the stiffer the liver is. The examination itself takes about 10-15 minutes. You should plan to spend about 45 minutes at the clinic total. You may drive yourself to and from the test.

### **What should I expect after the FibroScan?**

The FibroScan computer will analyze the information from your test. The results will be given to a doctor who will send the results to the ordering physician.