

4. Known Allergies

5. Known Medical Conditions

Risk Factors: ___ Bleeding Precautions ___ Legally blind ___ Swelling problems ___ Hip precautions ___ sternal precautions ___ prone to fall

6. Special Needs

Functional Mobility	
Vision/hearing	
Communication	
Other	

7. Immunizations

<u>Name</u>	<u>Date Administered</u>
Flu vaccine	
Pneumonia vaccine	
Tetanus	
Chicken pox vaccine	
HPV	

8. Healthcare Providers

Primary Physician	Phone Number
Dentist	Phone Number
Specialist 1	Phone Number
Specialist 2	Phone Number
Specialist 3	Phone Number

Senior Network Health VNA Home Health Care Oxygen Provider _____
 Meals on wheels

9. Preferred Hospitals

Name	Phone Number
------	--------------

10. Health Insurance Information:

Primary Insurance Plan Name

Insured Name	Phone Number
ID Number	
Group Name	Group Number
Subscriber Name	
Subscriber Number/ID Number	

Secondary Insurance Plan Name

Insured Name	Phone Number
ID Number	
Group Name	Group Number
Subscriber Name	
Subscriber Number/ID Number	

Workers' Compensation Agency Name

Claim Manager	Phone Number
Claim Number	

11. Advance Directive: ___ HCP ___ DNR

12. Name of Healthcare Agent _____ Phone Number _____

Location of your advanced directive? _____

Date updated: _____

13. Medical Devices (prosthesis, CPAP, Bipap, pacemaker, wheelchair, insulin pumps, hearing aids, durable medical equipment)

<u>Device</u>	<u>Provider</u>	<u>Providers contact numbers</u>	<u>Date obtained or Date of last service</u>

Portable Health Profile Information

A portable health profile or record is important to manage your health information because it is a comprehensive summary of your medical / health history. A portable health profile should include your personal health history, medical conditions, medications and emergency contact information. This can help you to clearly organize critical information from many providers. Many times patients have multiple health care providers and critical health information may be in various places. A portable health profile can save time by having all your important health information consolidated in one place. This will reduce time lost trying to reconstruct a health profile each time you have an appointment.

Creating a Portable Health Profile – either in print or electronically, enables you to document your important health history in one place that is useable in both routine and emergency situations. This can help improve your overall safety during healthcare procedures by giving a complete history thus preventing omissions or errors.

Please visit <http://www.urmc.rochester.edu/pmr/> for an electronic version of this form.