## **Current Procedural Terminology (CPT) Codes in Psychiatry**

- 90791 Psychiatric Diagnostic Examination without medical services
- 90792 Psychiatric Diagnostic Examination with medical services
  - +90785 Use the add-on code with 90791 or 90792 for interactive psychiatric diagnostic interview examination using play equipment, physical devices, language interpreter, or other mechanisms of communication
- Individual psychotherapy, insight oriented, behavior modifying and/or supportive, 30 minutes with the patient and/or family member (time range 16-37 minutes)
  - +90833 Use add-on code for Individual psychotherapy, insight oriented, behavior modifying and/or supportive, 30 minutes with the patient and/or family member (time range 16-37 minutes), when performed with an evaluation and management service.
- Individual psychotherapy, insight oriented, behavior modifying and/or supportive, 45 minutes with the patient and/or family member (time range 38-52 minutes)
  - +90836 Use add-on code for Individual psychotherapy, insight oriented, behavior modifying and/or supportive, 45 minutes with the patient and/or family member (time range 38-52 minutes) when performed with an evaluation and management service.
- Individual psychotherapy, insight oriented, behavior modifying and/or supportive,60 minutes with the patient and/or family member (time range 53 minutes or more)
  - +90838 Use add-on code for Individual psychotherapy, insight oriented, behavior modifying and/or supportive, 60 minutes with the patient and/or family member (time range 53 minutes or more), when performed with an evaluation and management service.
  - +90785 Use the add-on code with 90832, +90833, 90834, +90836, 90837 and +90838 for interactive psychotherapy using play equipment, physical devices, language interpreter, or other mechanisms of communication
- 90846 Family psychotherapy (without the patient present).
- **90847** Family psychotherapy (conjoint psychotherapy) (with patient present).
- 90849 Multiple-family group psychotherapy.

90853 Group psychotherapy (other than multiple-family group).

+90785 - Use the add-on code with 90853 for interactive group psychotherapy using play equipment, physical devices, language interpreter, or other mechanisms of communication

## 99201-99205 for new patients OR 99211-99215 for established patients for:

Pharmacologic management, including prescription, use and review of medication with no more than minimal medical psychotherapy. Use 90833, 90836 or 90838 (see above) when psychotherapy is also provided during an encounter for pharmacologic management.

Please note: When psychotherapy and evaluation and management services are provided on the same day by the same provider the two services must be documented as separate services, the psychotherapy must be a minimum of 16 minutes, and the evaluation and management service cannot be billed based on time spent in counseling.

M0064 Brief visit for the sole purpose of monitoring or changing drug prescriptions used in the treatment of mental psychoneurotic and personality disorders

90870 Electroconvulsive therapy (includes necessary monitoring).

90887 Interpretation or explanation of results of psychiatric, other medical examinations and procedures, or other accumulated data to family or other responsible persons, or advising them how to assist the patient.

## **Psychotherapy for Crisis** is new in 2013:

Psychotherapy for crisis is an urgent assessment and history of a crisis state, a mental status exam, and a disposition. The treatment includes psychotherapy, mobilization of resources to defuse the crisis and restore safety, and implementation of psychotherapeutic interventions to minimize the potential for psychological trauma. The presenting problem is typically life threatening or complex and requires immediate attention to a patient in high distress.

90839 Psychotherapy for crisis; 60 minutes (time range 30-74 minutes)

+90840 - Use add-on code with 90839 for each additional 30 minutes beyond the first 74 minutes.

**90899** Unlisted psychiatric service or procedure.

- Psychological testing (includes psycho-diagnostic assessment of emotionality, intellectual abilities, personality and psychopathology, eg, MMPI, RORSCHACH, WAIS), per hour of the psychologist's or physician's time, both face-to-face time administering tests to the patient and time interpreting these test results and preparing the report.
- Psychological testing (includes psycho-diagnostic assessment of emotionality, intellectual abilities, personality and psychopathology, eg, MMPI, RORSCHACH, WAIS), with qualified health care professional interpretation and report, administered by technician, per hour of technician time, face-to-face.
- Psychological testing (includes psycho-diagnostic assessment of emotionality, intellectual abilities, personality and psychopathology, eg, MMPI,
  RORSCHACH, WAIS), administered by a computer, with qualified health care professional interpretation and report.