I have been out of private practice for a number of years now and exclusively in academics – presently three days a week. Maybe because I’ve compressed a five-day schedule into three, but it seems to me that we are inundated with an enormous amount of information as well as possible disinformation. It’s our responsibility to separate the wheat from the chaff – the usable from the unusable – what is applicable from what is not applicable – what is based on proven investigation from what is based on supposition and “unproved hope.” Literally it’s a situation where you have to Think Things Out – to evaluate things carefully — I think of what we are exposed to, sometimes, in the media. It seems the premise is that if you hear it often enough you will believe it. For example, haven’t you heard advertisements such as “If you suffer from ‘so and so’ take ‘such and such’ – no prescriptions necessary, but if “this or that” happens call your doctor immediately! Sometimes it seems the media can be loaded with such stuff. What can we believe?

We must recognize that hearing it doesn’t make it so. You have to think it out yourself as well as with others who also “think things out”. Interchanging with people you know and respect is immeasurable in value. Remember, it has been said that the smarter you personally think you are – the easier it is to fool yourself. Sometimes you have to “listen with your eyes” and “see with your ears”.

Talk to people you respect and trust to reason things out. Hopefully in your education at Eastman you were educated to be “Brain Alive” and not “Brain Little Used”. Orthodontics is a great specialty and much fun, as well as a satisfying professional discipline – it’s a “thinking person’s game”. Have fun doing it right by thinking it out!

Orofacial Pain Program Accredited

On March 27, 2012 the Orofacial Pain program at the Eastman Institute for Oral Health (EIOH) was officially accredited by the American Dental Association (ADA) and the Commission on Dental Accreditation (CODA). ADA and CODA has recognized that there is a need for post-graduate education in Orofacial Pain, as it affects about 6-7 % of the population in the United States.

The ADA and CODA are in charge of maintaining the highest professional and ethical standards in undergraduate dental and graduate programs. The main goal for the establishment of Orofacial Pain programs is to provide education in Orofacial Pain at a level beyond pre-doctoral education. These programs focus on the basic mechanisms pertaining to the anatomic, physiologic, neurologic, vascular, behavioral, and psychosocial aspects of Orofacial Pain. Education in this accredited program is based on the concept that oral health is an integral and interactive part of total health. It is designed to expand the scope and depth of the graduates’ knowledge and skills enabling them to provide care for individuals with Orofacial Pain.

The EIOH’s Orofacial Pain Program was started in 1983 and directed by Dr. Ross Tallents. This is the fourth program to be accredited in the United States. The two-year program will accept 1-2 residents each year and began July of 2012.
**Awards:**

Dr. J. Daniel Subtelny was recently awarded the New York State Dental Association’s highest honor, the Jarvie-Burkhart Award. This award is given in recognition of “outstanding service rendered to mankind through dentistry.” Congratulations on this well-deserved achievement.

Congratulations to Dr. Joseph Sweet (‘98) for winning the University of Rochester’s Part-Time Faculty Award for Excellence in Teaching. The Classes of 2012 and 2013 nominated him for his outstanding dedication to the program. The award was presented at Convocation.

Dr. Al Griffin (‘82) is proud to announce that his son, Alfred III, completed his PhD in Craniofacial Biology with an emphasis on bone biology. He was presented with the Young Investigator Award by the American Society for Bone and Mineral Research.

Dr. Robert Tarby (‘12) won the Michael G. Buonocore Award for outstanding scientific merit at the 2012 Rochester Section of the American Association for Dental Research meeting. We are all very proud of his commitment to obtain his Master’s degree in two years!

**Announcements:**

Dr. Rose Chen (‘11) recently returned from an extended trip to Taiwan. In addition to learning more about the Chinese culture and language, she also took the opportunity to complete a fellowship with Dr. Eric Liou at the Chang Gung Memorial Hospital.

Congratulations Dr. Roger Hennigh!
Dr. Hennigh, (‘07), became ABO board certified! “How about you ‘unboarded’ alumnae following his example.” ~JDS
**Births:**

Dr. Claire Escario (TMJD ‘11) and her husband are proud to announce the birth of their first child Gabriel Theodore Enriquez Escario. He was born December 31, 2011 at Mt. Sinai Medical Center in Miami Beach, Florida.

Dr. Tyler Hart (TMJD ‘13) and his wife Jana are delighted at the arrival of their third daughter Ellery Grace Hart. She was born on May 29th, 2012 at Highland Hospital.

**Weddings:**

Congratulations to Dr. Leopoldo Vesco (‘13) and his wife, Dr. Alejandra Alvarez Vesco. Leopoldo and Alejandra were married on July 7, 2012 in Guatemala. We wish them happiness and good fortune as they embark on their new life together.

**New Staff:**

We are happy to announce the addition of Julie Foster to our department. She began working part time in February 2012 as a patient service representative. When she is not with our department, she works in the record room. Julie has adjusted quickly to her new position, and has helped tremendously with the hectic pace of the front desk.
**ORTHODONTICS DEPARTMENT 2011-2012 RECAP**

**GORP 2011 — St. Louis, MO**

The Graduate Orthodontic Residents Program brings residents, orthodontists and exhibitors together for three days of learning and networking. The 2011 meeting was held at Saint Louis University. The speakers were Dr. Michael Rogers (president of the AAO), Dr. S. Jay Bowman and Dr. Rolf Behrents. Dr David Sarver also spoke about “Microesthetic Finishing in Orthodontics” and “The Aging Face and How to Treatment Plan for a Lifetime.”

It was an enjoyable weekend, allowing the new residents to get introduced to the profession, to meet residents from other schools, and get re-acquainted with people on the orthodontic interview trail.

**NESO 2011 — Boston, MA**

NESO 2012 was held in historic Boston, MA and most of the junior and senior residents enjoyed their trip and learned a lot about orthodontics. Faculty in attendance included Dr. Subtelny, Dr. Myers, and Dr. Caruso. The New and Younger members forum and reception was held nearby the conference in the Prudential Center Mall. The gala reception was held at the Top of the Hub at the Prudential Center, with breath-taking 360 degrees views of the Boston skyline. The conference covered interesting topics such as passive self-ligation by Dr. Alan Bagden, early treatments “do’s and don’ts” by Dr. James McNamara, and biomechanics by Dr. Wick Alexander. When not scouring the lecture halls, the residents toured Cambridge, Faneuil Hall, Quincy Market, and the other historic areas of Boston. Overall, it was a fantastic weekend and everyone is looking forward to New York City 2013!

**Damon Forum 2012 — Phoenix, Az**

This year’s Damon Forum was in Phoenix Arizona and a good time was had by all in attendance! The crew of Bob, Brit, Steph, Xiomara and Burton flew to the desert where they met up with Dr. Bellohusen, Dr. Hoshino, Dr. Parisi, Dr. Deitrich Sr and Jr. The meeting was a high energy event where both Dr. Graham and Dr. Frost lectured and the Eastman crew made quite an impression with the light-up teeth provided by Dr. Bellohusen.
AAO 2012 — Honolulu, Hawaii

This year’s annual AAO meeting was held at the Hawaii Convention Center in Honolulu, Hawaii from May 4-8. Many of the residents were able to attend the meeting and enjoy the beautiful weather in Hawaii.

The large variety of lectures allowed the residents and attendees to learn more about topics that interest them. Lectures included sessions on advances in orthodontics, risk management, TADs, Class II and III treatment considerations, accelerating tooth movement, bone biology, facial aesthetics, sleep apnea, and imaging.

The Eastman Alumni reception was held on Saturday May 5th at the Hilton Village hotel. Eastman alumni from all over the country and world were reunited and were able to meet other alumni who graduated from Eastman. We were also able to celebrate Dr. Subtelny’s 90th birthday with the alumni and their families.

Opening ceremonies for the meeting were held on Saturday night with special musical performances by The Doobie Brothers.

Dr. Subtelny’s Annual Christmas Party

It was another great Christmas party hosted by Dr. Subtelny this year, packed with alumni who traveled from all over New York and even Canada to come join the festivities! We were lucky to have delicious food prepared by Alysa Subtelny, Dr. Subtelny’s daughter, and live entertainment provided by our one and only pianist and assistant, Elizabeth Chernyak. As always, we danced the night away!

Dr. Tallents’ 70th Birthday Party

We would like to wish Dr. Tallents a Happy 70th Birthday! Dr. Tallents turned 70 this past May and was joined by the residents, staff, faculty, and his loving wife Kathleen in a surprise party at the Senator’s Mansion in Churchville, NY. Dr. Tallents' jaw dropped as he entered the surprise party to find the residents performing a flash mob dance to the 70s hit "Stayin' Alive". Many great memories were made with good friends, food and dancing, and even better karaoke singing. Former TMJD residents sent greetings from all around the world to honor Dr. Tallents for his dedication and contribution to the orthodontic and TMJD departments.
Dr. Subtelny’s 90th Birthday Party

Residents, staff, and alumni gathered together this spring to celebrate Dr. Subtelny’s 90th birthday. The party was held at the Daisy Flour Mill in Penfield on April 21, 2012, and began with drinks and conversation. Once all the guests were seated for dinner, Dr. Bellohusen started things off with a champagne toast. During dinner, Dr. Tallents, Dr. Sweet, and Linda Ferruzza stood up to share some of their greatest memories of our division chair and program director. Dessert was a delicious cake designed to look like editions of Gray’s Anatomy and Dr. Subtelny’s Early Orthodontic Treatment textbooks. The celebration ended with some karaoke and a lot of dancing. Thank you to everyone who helped make this such a joyful event.

Graduation 2012

Graduation for the class of 2012 took place on June 29th at the Max at High Falls restaurant and museum in Rochester, NY. It was a well attended event and much fun was had by all. In this big night the graduating senior class celebrated and shared their great accomplishment with family, friends and the outstanding faculty who taught them. In addition to the Keurig coffee machine they left as a present in the residents room, the graduates presented a wonderful gift to all the staff at the conclusion of the dinner.
Evan Brown, DDS
Evan was born and raised in Troy, Michigan. He graduated from the University of Michigan with a degree in Electrical Engineering in 2006. After moving to San Diego for a safety engineering job, he graduated from the University of California, San Francisco School of Dentistry this past June. He is excited to explore the Rochester area and enjoys snowboarding, water skiing, and golfing.

Marni Glick, DMD
Marni was born and raised in Baltimore, Maryland. She graduated from the University of Maryland with a degree in Biology in 2008. Marni earned her DMD at the University of Pennsylvania this May. She enjoys traveling, reading, and the outdoors.

Qingshan Li, BM, PhD
Qingshan was born and raised in China. He graduated from Henan Medical University with a BM in Stomatology. He received his Ph.D in 2004 from Christian-Albrechts-Universität zu Kiel, Germany and completed his orthodontic specialty program there in 2009. During and after his orthodontic specialty he also worked on faculty in the Department of Orthodontics. He came to the United States in 2011. Qingshan enjoys spending time with his family and friends, swimming, and traveling.

Shaima Malik, DDS
Shaima was born and raised in Dubai U.A.E and moved to Pakistan where she received her B.D.S at Army Medical College. She moved to the U.S. in 2006 with her husband when he started his residency in Internal Medicine. She completed one year of the TMJD residency in 2007, after which she completed two years in AEGD and one year of General Practice residency at Eastman. Her hobbies include going to the gym, hiking, and traveling with her husband and two girls (Anaya 5yrs and Danya 4yrs).

Kirk S. Round, DMD
Kirk was born and raised in Litchfield, Connecticut. He comes to Eastman Dental having recently graduated from Tufts University School of Dental Medicine. He previously served as a Sergeant in the United States Marine Corps. from 1998-2002, and went on to earn a B.A. in Political Science from the University of Connecticut in 2007. When not in an oral health setting, Kirk enjoys woodworking and is an avid outdoorsman. He is excited to explore all that Rochester has to offer.

Rene Yabar, DDS
Rene was born in Cusco, Peru. He received his D.D.S and Orthodontic Certificate from Cayetano Heredia Peruvian University in 2001. After working for a few years in Lima, Peru, Rene subsequently moved to Farmington, Connecticut in 2005 where he completed a one year Fellowship in the Orthodontic Program at the University of Connecticut. He then moved to Rochester in 2006 where he attended the Fellowship in Oro-facial Pain and TMD at Eastman. Since 2007, Rene practiced in California, where he also completed a mini-residency in Dental Sleep Medicine at UCLA. Rene loves spending time with his wife Carla and daughters, Thais and Belen. In his spare time he enjoys practicing tennis, traveling, and watching movies.