A Long Journey With a Lot of Good Memories

This year, 2005, marks the fiftieth year Dr. Subtelny has been chair of the Eastman Orthodontic clinic. In celebrating this unprecedented achievement, a few of us from the junior class had a chance to catch up with Dr. Subtelny and asked him to reflect on the past. We were delightfully obliged as he began to recount a half-century of memories.

HOT SEAT. (Hät. sEt.) Two words linking one generation of ortho residents to another here at Eastman. Although this definition will not be found in Webster’s Dictionary, any alumnus will tell you it has been the backbone of learning in the ortho department for the last fifty years. We were curious to know when and where it originated so we asked the founder himself. While still a college student, Dr. Subtelny had an intense political discussion with his dad. As he recalls, the heated argument ended when the elder Subtelny called him an “educated dope.” “I was regurgitating facts, my father told me to think,” he said. Hot Seat’s conception had just occurred. Following a long embryonic stage of thought and reflection, guided by the example of his father, Dr. Subtelny realized pupils needed to “T. H. I. M. K.” Thus, in 1955, Eastman’s first residents experienced the birth of Hot Seat. In reflection Dr. Subtelny states, “I always got a kick knocking some sense into your young heads, year after year.”

When asked about the best memory as chairman of the orthodontics department, Dr. Subtelny laughingly explained that it

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Ortho’s Equipment Woes

With the end of the juniors’ and seniors’ years approaching, it is interesting to take a look back at some of the recent equipment troubles that we were faced with. To kick off the new year, the Panorex machine showed us that it had a personality, and a difficult one at that. It started out by occasionally deciding not to take a radiograph unless it was turned off and then on again. Then in February, it shut down all together, and we were without a Pan/Ceph machine for about a month-and-a-half. We all quickly discovered that we had a tomographic machine in the basement of the building. We then hired an x-ray technician to come in a few days a week to help us with our records. Also in January, one of the model trimmers started misbehaving right after it had a new wheel installed. To top it all off, the x-ray developer started to make some funny noises. We found out that it was in dire need of service. When it rains it pours! But the x-ray unit is fixed and the developer is healthy again. The model trimmer still needs some minor work, but all in all everything is running smoothly. The developer is healthy again. The model trimmer still needs some minor work, but all in all everything is running smoothly. The next challenge is coming soon…digital records. Next year’s class may possibly be the first to have a try at digital cephalometry! We have red and gold as your favorite colors. Enjoy companionship while fishing

We enjoyed our afternoon with Dr. Subtelny and thanked him for his many years of hard work to which he replied, “I like that quote by Thomas Edison, ‘Genius is 99% perspiration and 1% inspiration.’” We left his office with the same thoughts we often remember was about how he invited Dr. Baker Sr. to teach at the Eastman Dental Center. After having met one another at Illinois years earlier, Dr. Subtelny invited him to give a lecture at Eastman ortho. After much chatting, good companionship, and three pitchers of martinis, Dr. Baker gladly accepted a position on the faculty! They had lunch at 5 pm.

Another humorous incident occurred when Dr. Subtelny was researching expansion in Rhesus monkeys. One evening he received a phone call reporting that a monkey had disappeared. He arrived at the dental center, then called the dispensary, to find the local fire department watching the monkey perform dance moves on the roof. Such humiliation our great orthodontic innovators have faced and conquered! It was an extremely effective way to have the research project broadcasted on the local news that night.

Anyone familiar with Eastman Ortho has to agree that Dr. Subtelny’s tenure here has been a great success. In reflecting on this topic, it seemed clear much of his success could be attributed to those who came before him: his father whom he greatly admired, and his teachers. “Someone sets the foundation and you keep building on it,” he said. In fact her work with Dr. Subtelny in speech pathology using cineradiography was one of the greatest successes he mentioned in his fifty years here. As residents, we also have her to thank for many good times at Dr. Subtelny’s Christmas Party since this idea originated with her. Though optimistic toward Eastman Orthodontics, Dr. Subtelny was reluctant to take much personal credit for the achievements of the department. “Our great faculty is what made it fly—God Bless Them!” he said.

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How’d He Do That???

Have you ever wondered how Dr. Subtelny could spend fifty years as chair of the Eastman orthodontic program without going crazy? Dedication, Dedication, Dedication . . . and twelve other values. Do you have a mountain to climb? Try following Dr. Subtelny’s example . . .

1. Have red and gold as your favorite colors
2. Spend some time gardening
3. Enjoy the spring and the green color during the season
4. Love all kinds of red wine
5. Be a big advocate of fish and collect good recipes
6. Be an enthusiastic fan and participate in sports
7. Enjoy companionship while fishing
8. Be addicted to apples
9. Read a lot, especially spy stories
10. Work hard
11. Find someone to do administration for you
12. Enjoy life!

The Juniors at a Fall Bar-B-Q.
From back left to right: Paul Caruso, Jeremy Sayre, Eric Babayan, Tony Liberatore, front: Torin Chenard, Joana Godinho.
Dr. Gisli Einar Arnason was born and raised in Iceland. He has lived in Iceland all his life with the exception of two winters in Sweden in 1994 and 1996. He attended dental school at the University of Iceland in Reykjavik and graduated in 2002. He has been in private practice in Reykjavik since graduation. He is married to Sigrun M. Bjarnadottir and they have two sons, a four year-old named Egill and one year-old named Einar. His hobbies include fly fishing, running, skiing, and many other outdoor sports.

Dr. Andrew Clark was born and raised in Aurora, IL. He moved to Colorado and began his undergraduate education at the University of Colorado at Boulder in 1991. As a molecular biology and biochemistry major, he received his BA from Colorado in 1996. With dentistry in mind, he accepted a two year teaching position at his former high school, teaching biology and coaching football. His studies at the University of Illinois at Chicago began as a graduate student in physiology in 1998 and continued until 2000 when he matriculated into the UIC College of Dentistry. Upon completion of dental school in 2004, he accepted a position at the University of Illinois Craniofacial Center as a craniofacial orthodontic fellow. He is looking forward to beginning the orthodontic program at Eastman and will be joined in Rochester by his wife and their two sons.

Dr. Nader Ehsani is a senior dental student at State University of New York at Buffalo. In dental school, Nader has taken extra courses and spent time on hospital rotations. He graduated with a B.S in Biomedical Engineering in 1999 (valedictorian). He is a class officer and senior coordinator for Lunch and Learn programs at UB School of Dental Medicine. He enjoys doing research and is interested in learning more in the fields of biomedical imaging, virtual craniofacial imaging and 3D analysis, and the use of lasers in dentistry. He has enjoyed learning from his trips to remote areas where he delivered medical and dental care to people in underprivileged locations, nationally, and internationally.

Dr. Roger Hennigh is a 1992 graduate of Virginia Tech (B.S.), and a 1996 graduate of the University of Pennsylvania School of Dental Medicine. He completed an A.E.G.D. program at Penn in 1997. He has been practicing general dentistry since. He began with one year at the Penn Faculty Practice, followed by five years in private practice in Washington, DC. He then spent one and one-half years as a contract general dentist with the US Army in Germany. After returning home to the United States last September, he has worked in private practice. He and his wife, Diana, have been married since 1993, and have a two and one-half year-old daughter, Michaela. His current interests and hobbies include automobiles, home movie editing, and beer making.

Dr. Setareh Mozafari-Nejad was born and raised in Tehran, Iran. She received her first DDS degree from Azad University in Tehran in 2001. Following her education in Iran she moved to California where she attended the University of Southern California, School of Dentistry (May 2005). Her research interest is in the field of root resorption due to orthodontic forces. She is married and in her spare time enjoys traveling, music, movies, painting and spending time with her family.
Gilda: Craniofacial growth and development lecture series

This year, residents were afforded a rare opportunity to learn from some of the most noted lecturers on the subject of craniofacial growth and development. These lectures, however, are not limited to residents. The dental center arranged for the lectures to be recorded to DVD available through Diane Prinsen. The list of lecturers includes:

- The Anatomic Basis of Prenatal Development, Dr. John T. Hansen, Professor, Neurobiology & Anatomy, University of Rochester School of Medicine and Dentistry, Rochester, NY
- Embryogenesis of Craniofacial Anatomy with Special Emphasis on the Neural Crest Cells, Dr. Drew M. Noden, Professor of Anatomy, School of Veterinary Medicine, Cornell University, Ithaca, NY
- Prenatal Facial Growth Studies: Critical Stages in Craniofacial Morphogenesis, Dr. Alphonse R. Burdi, Professor of Anatomy, School of Medicine, University of Michigan, Ann Arbor, MI
- Etiopathogenesis of Craniofacial Dysmorphology, Dr. Geoffrey H. Sperber, Professor Emeritus, Faculty of Medicine and Dentistry, University of Alberta, Edmonton, Alberta, Canada
- Evolutionary origin of the human mandible, Dr. Robert Rothman, Professor, Biology Department, Rochester Institute of Technology, Rochester, NY
- Abnormal mandibular growth, Dr. J. Daniel Subtelny, Professor and Clinical Director, Orthodontic Program, University of Rochester Eastman Dental Center, Rochester, NY
- Bone Remodeling: Basic and Clinical Perspectives Related to Oral Biology, Dr. J. Edward Puzas, Director of Musculoskeletal Research Unit, Associate Professor of Orthopedics, School of Medicine and Dentistry, University of Rochester, Rochester, NY
- Orientation, Methods of Studying Prenatal Growth, Dr. Robert E. Rosenblum, Clinical Associate Professor, Orthodontic Program, University of Rochester Eastman Dental Center, Rochester, NY
- The Role of the Nervous System in Craniofacial Development, Dr. Stephanos Kyranides, Chairman and Assistant Professor, Orthodontic Program, Eastman Dental Center, Center for Oral Biology, University of Rochester, Rochester, NY
- Research on Genetic Factors Affecting Craniofacial Growth and Development, Dr. Rulang Jiang, Assistant Professor, Center for Oral Biology, University of Rochester School of Medicine and Dentistry, Rochester, NY
- Normal Craniofacial Growth and Development, Dr. Rolf Behrents, Professor and Head, Department of Orthodontics, Washington University, St Louis, MO
- Temporo-Mandibular Joint and Growth, Dr. Ross Tallents, Professor and TMD Program Director, Eastman Dental Center, University of Rochester, Rochester, NY
- Anthropologic Aspects of Craniofacial Morphology, Dr. Bruce Haskell, Clinical Professor, Distinguished Teaching Professor, Orthodontic Department, University of Louisville, Louisville, KY
- Experimental Studies on Craniofacial Bone Growth, Dr. Aliakbar Bahreman, Clinical Professor, Orthodontic and Pedodontic Programs, University of Rochester, Eastman Dental Center, Rochester, NY

The Gorman Institute Goes Extreme in Las Vegas, NV

Every year, Ormco Corporation and The Gorman Institute hosts a weekend session about practice management for orthodontists, their staff, and orthodontic residents. What better place to host it than Las Vegas, Nevada. Drs. Eric Babayan, Paul Caruso, Torin Chenard and Charity Siu made the long trip to attend this special event. The speakers included Drs. Alan Bagden, John Bruno, Gary Takacs, Bob Smith, Courtney Gorman, Steve Tracey, David Sarver and Daniel Rousso. On Thursday afternoon, Dr. Lynn Remington discussed the “Business of Orthodontics” exclusively for orthodontic residents. This was a great discussion on what to look for before purchasing an orthodontic practice. On Saturday night, Ormco was kind enough to host a wonderful customer appreciation party at the Pure Nightclub in Caesar’s Palace Hotel where all the attendees mingled, danced and had lots of fun. Overall, the educational program and the chance to socialize with others in our profession made it well worth the trip.

Two Weddings and a Baby!
We want to congratulate two of our clinical instructors for their recent weddings:
Dr. Scott & Mindy Stein, Rochester, May 30, 2004
Dr. Joe & Stacey Sweet, NYC, September 25, 2004

Congratulations also to Paul and Stacey Caruso on the arrival of their first child, Paul Jr., (and the first baby in the junior class) this past December.

Orthodontist and Artist
Dr. Len Fishman recently completed another work of art. The recently created sculpture demonstrated here is made from green steatite stone. Dr. Fishman mainly sells his sculptures on a commissioned basis or directly from his studio workshop gallery. If you would like more information he can be contacted at lenfishman@aol.com

Coming Next Issue
- Research protocols For 2006
- Senior’s graduation celebration
- AAO Alumni photos
- Anything you send us! Please contact Diane Prinsen at Diane_Prinsen@urmc.rochester.edu or 585-275-5012 or mail: 625 Elmwood Ave., Box 683, Rochester, NY 14620.