Education at URMC – Program Features

Program: Family Medicine

Program Chair: Stephen Schultz, MD

Program Coordinator: Trish Harren, MSW

Current Faculty Members: 22

Size of program: 12-10-10

Contact Number: 1-800-245-5139

Contact Email: fmres@urmc.rochester.edu

About the Program

The family medicine providers at our program care for every member of a family at every stage of life. We keep expectant mothers healthy, deliver babies, and address the physical, emotional, mental, and social needs of children, adolescents, adults, and seniors. And we understand how family dynamics can affect each member's health and well-being.
We are deeply committed to providing world class family medicine training. We are one of 14 p4 residency programs in the country and are currently midway through an expansion of the program from 10-10-10 to 12-12-12. Our personal, respectful, accessible, inclusive, forward-looking and committed approach to training and patient care is the hallmark of our program.

**Facilities**

Residents have their continuity practice for all three years at either Highland Family Medicine or Brown Square Community Health Center. Each site provides residents with a team-based group-practice experience. The hospital settings are a mix of university-based and community-based models.

**Highland Family Medicine** sees over 18,000 primary care patients from 7,000 families throughout Rochester. They represent the full spectrum of age, race, and socioeconomic backgrounds. The practice, which is free from the intrusion and influence of pharmaceutical representatives, is functionally divided into six suites. Each has faculty and resident physicians, family nurse practitioners, registered nurses, medical assistants, and secretaries. Additional resources include onsite mental health services, an immunization outreach worker, and a social worker.

Up to six residents develop their three-year continuity practices at the **Brown Square Community Health Center**. It's one of two locations that make up Westside Health Services, a federally funded Public Health Service Section 330 community health center. About 10 minutes from Highland Hospital, the center provides comprehensive health care to the indigent, working poor, the uninsured, and some HMO participants. Patients represent diverse heritages, including African-American, Caribbean, Italian, Puerto Rican, Southeast Asian (Vietnamese, Cambodian, Burmese), African (Somali, Sudanese, Liberian), and Eastern European. Westside Health Services provides medical, dental, and support services, including on-site mental health services, a social worker, a dietitian, a perinatal outreach worker, and HIV case management.

**What makes us Unique?**

In our program, the learning is not just about providing excellent clinical care; it also focuses on learning about yourself. Are you fully cognizant of what you bring to the patient—physician relationship? What aspects of your family of origin may interfere with the provision of care for certain patients? What biases might you have?

Take this challenge: Ask 10 family medicine residency programs who in the country has THE best psychosocial and family systems training available to a family medicine residency program in the United States. Nine out of the 10 will name our program.

We also have one of the best OB experiences on all the Northeast, with 40 to 60 deliveries in your first two months of internship. All continuity deliveries are supervised by our family
medicine faculty attendings. We have an OB/Gyn on our family medicine faculty, as well as two family physicians with C-section privileges.

Combine this with a continuity Global Health experience in Southwestern Honduras, a political advocacy track, and fellowships available in maternal and child health, palliative care, geriatrics, and adolescent health, and you have the makings for the best family medicine residency training possible.