How to do Pudendal Nerve Blocks

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1. Catheter tubing taped to the patient’s skin to provide orientation of needle placement with CT guidance.
2. Marking of the skin with a permanent marker.
3. Local anesthetics (1% Lidocaine).
4. 22-gauge 3.5 inch spinal needle.
5. Needle in place for CT check.
6. Medications used: Marcaine 0.5% and Kenalog 40 mg/mL
7. Medication injected.
Pudendal nerve at ischial spine.
Pudendal nerve in the Alcock’s canal
Pudendal nerve block at ischial spine
Pudendal nerve block in the Alcock’s canal