If you believe you may be pregnant or have had a contrast allergy reaction (i.e., hives, rash, itching, breathing difficulty) while undergoing a previous imaging study, please call at least 3 days prior to your scheduled appointment so we may make the appropriate modifications to your treatment plan.

**PREPARATION for BARIUM ENEMA and ENTEROCLYSIS PATIENTS:** The goal of the preparation is to cleanse the bowel. *The day before your appointment, follow these instructions:*

- **Breakfast** — normal diet
- **Lunch** — clear liquids (black tea, black coffee, jello, clear broth, carbonated drinks, apple, grape or cranberry juices).
- Between 3pm – 4pm drink 10 oz. of magnesium citrate.
- **Supper** — drink clear liquids.
- Between 9pm – 10pm (or 6 hours after drinking magnesium citrate) — drink 10 oz. of clear liquid.
- You may continue to drink clear liquids as desired, up until 4 hours before your procedure time.
- Do not eat or drink for 4 hours prior to your appointment.
- Medications may be taken 2–4 hours prior to your appointment.

**PREPARATION for UPPER GI SERIES and SMALL BOWEL FOLLOW THROUGHs:** Do not eat or drink after midnight the evening prior to your procedure. Also, please do not smoke or chew gum. This is necessary for an empty and relaxed stomach. A note for Diabetics: If you are diabetic, please check with your primary care physician for specific medication and other preparatory instructions.

**What to expect after your procedure:**

- You will be provided with post-procedure instructions.
- Your procedure results will be sent to your referring physician within 2 business days.

**Suggestion:** When the examination is over, drink plenty of fluids. If you are constipated, a mild laxative will help you get rid of the barium. If you have any concerns in this regard, consult your referring physician.
UR Imaging
Gastrointestinal Procedure (GI) Locations
Free Parking at all locations*

UR Imaging at Strong Memorial Hospital
601 Elmwood Avenue
Rochester, NY 14642
- From I-390, take exit 16 (Rt 15A)
- Turn north and follow Rt 15A
- Take a slight right onto Mt. Hope Ave
- Turn left onto Elmwood Ave
- Hospital is on the left

UR Imaging at Highland Hospital
1000 South Avenue
Rochester, NY 14620
- From I-490, take Exit 17 (Goodman St)
- Turn south onto Goodman St
- Turn right onto Rockingham St
- Turn left onto South Ave
- Hospital is on the left

UR Imaging at Thompson Health
350 Parrish Street
Canandaigua, NY 14424
- From I-90, take exit 44
- Follow Rt 332 South into town of Canandaigua (~8 miles)
- Turn right onto Parrish St
- Hospital is on the right

*At Strong Memorial Hospital and Highland Hospital, a ramp garage parking voucher will be provided in the recovery area after your procedure.