

What is most important to remember?

- Alprazolam (Xanax®) can be habit-forming and should only be used by the person it was prescribed for
- Use this medicine as directed by your doctor
- Many times this medicine is ordered to be taken on an as-needed basis. Do not take more often than directed by your doctor
- Do not start any new medicines, over-the-counter drugs or herbal remedies without talking to your doctor
- Tell all doctors, dentists and pharmacists that you are using alprazolam (Xanax®)
- Contact your prescriber if your symptoms or health problems do not get better or are becoming worse

If you have questions:

Ask your doctor, nurse or pharmacist for more information about alprazolam (Xanax®)

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MEDICINE of THE HIGHEST ORDER

Strong Internal Medicine



Alprazolam (Xanax®): Important Patient Information



MEDICINE of THE HIGHEST ORDER

What does alprazolam (Xanax®) do?

- It is used to treat symptoms of anxiety
- It is used to treat panic attacks

How should alprazolam (Xanax®) be used?

- Use this medicine as directed by your doctor
- Many times this medicine is ordered to be taken on an as-needed basis
- Take with or without food. Take with food if it causes an upset stomach

What should I do if I forget to take a dose of alprazolam (Xanax®)?

- Many times this medicine is ordered to be taken on an as-needed basis. Take as directed by your doctor
- Take a missed dose as soon as you remember
- If it is almost time for your next dose, skip the missed dose and go back to your normal dose time
- Do not take 2 doses at the same time or extra doses

Who should know I am taking alprazolam (Xanax®)?

- Keep a list of all your medicines (prescription, natural products, supplements, vitamins, over-the-counter) and give it to your healthcare provider (doctor, nurse, nurse practitioner, pharmacist, or physician assistant)

Are there any interactions with other drugs that I need to worry about?

- There are many drug interactions that may increase your risk of side effects
- Do not start new prescription, over-the-counter medicines, or herbal and dietary supplements without telling your doctor

What side effects could occur with alprazolam (Xanax®)?

- Upset stomach, throwing up, or diarrhea
- Headache
- Feeling dizzy; rise slowly over a few minutes when sitting or lying down

What are some things that I need to be aware of when taking alprazolam (Xanax®)?

- Tell your doctor or pharmacist if you are allergic to alprazolam (Xanax®), or if you are allergic to any other medicines, foods, or substances
- Before using this medicine, tell your doctor if you have glaucoma, liver disease, or lung disease
- This medicine is a controlled substance and may be habit forming with long-term use
- This medicine may make you drowsy. Do not drive or do other tasks or actions that call for you to be alert or have clear eyesight until you know how the medicine affects you
- Avoid drinking alcohol (beer, wine, liquor, or mixed drinks). Drinking alcohol will increase your risk of side effects
- Talk to your doctor before taking this medicine if you are pregnant, plan on getting pregnant, or if you are breastfeeding. You should not take this medicine while pregnant or breastfeeding
- If you have been taking this medicine for more than 10 days, talk with your doctor before stopping. You may want to slowly stop this medicine
- If you drink grapefruit juice or eat grapefruit often, talk with your doctor before taking this medicine
- If you stop smoking, talk with your doctor. How much medicine you take may need to be changed
- Ask your doctor or pharmacist how to get rid of unused medicine. Do not put this medicine in the trash or flush down the toilet
- Store in a cool, dry place. Protect from light and do not store in the bathroom

If you have any of the following side effects, call your doctor or visit the emergency room immediately:

- Big change in balance
- Change in thinking clearly and with logic
- Feeling very tired or weak
- Any sign of a severe allergic reaction including: rash; hives; red, swollen, blistered or peeling skin with or without fever; wheezing; tightness of chest or throat; trouble breathing or talking; swelling of face, lips, tongue or throat