

About Your Blood Thinner

How to Take Your Blood Thinner

Always take your blood thinner as directed. For example, some blood thinners need to be taken at the same time of day, every day. Never skip a dose, and never take a double dose.

If you miss a dose, take it as soon as you remember. If you don't remember until the next day, call your doctor for instructions. If this happens when your doctor is not available, skip the missed dose and start again the next day.



Mark the missed dose in a diary or on a calendar. A pillbox with a slot for each day may help you keep track of your medicines.

Check Your Medicine

Check your medicine when you get it from the pharmacy.

- Does the medicine seem different from what your doctor prescribed or look different from what you expected?



- Does your pill look different from what you used before?
- Are the color, shape, and markings on the pill the same as what you were previously given?

If something seems different, ask the pharmacist to double check it. Many medication errors are found by patients.



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