What is most important to remember?

- Use fexofenadine (Allegra®) as directed by your doctor.
- It is most effective when used 1 to 3 hours before you come in contact with an allergen.
- Avoid taking fexofenadine (Allegra®) with fruit juices such as orange, grapefruit, or apple juice.
- You may get this medicine without a prescription. However, you should not start any new medicine, over-the-counter drugs or herbal remedies without talking to your doctor.
- Tell all doctors, dentists and pharmacists that you are using fexofenadine (Allegra®).
- Contact your doctor if your symptoms become worse or do not get better.

If you have questions:
Ask your doctor, nurse or pharmacist for more information about fexofenadine (Allegra®)

Fexofenadine (Allegra®): Important Patient Information

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Visit our website at:
www.urmc.rochester.edu/medicine/general-medicine/patientcare/
Who should know I am taking fexofenadine (Allegra®)?
• Keep a list of all your medicines (prescription, natural products, supplements, vitamins, over-the-counter) and give it to your healthcare provider (doctor, nurse, nurse practitioner, pharmacist, or physician assistant)

Are there any interactions with other drugs that I need to worry about?
• It has many drug interactions that may increase your risk of side effects
• Do not start new prescriptions, over-the-counter medicines, or herbal and dietary supplements without telling your doctor

What side effects could occur with fexofenadine (Allegra®)?
• Feeling lightheaded, sleepy, having blurred eyesight, or a change in thinking clearly
• Avoid driving or tasks that call for you to be alert or have clear eyesight until you see how the drug affects you
• Headache

What are some things that I need to be aware of when taking fexofenadine (Allegra®)?
• Tell your doctor if you are pregnant, plan to become pregnant, or are currently breastfeeding
• Be sure to tell your doctor if you are taking erythromycin (E.E.S., E-mycin, Erythrocin) and/or ketoconazole (Nizoral). Your doctor may need to change the doses of your medications or monitor you carefully for side effects
• Do not take antacids containing aluminum and magnesium within 2 hours of taking this medicine
• Talk with your doctor if you have kidney or liver disease
• Avoid beer, wine, mixed drinks, or other drugs and natural products that slow your actions
• Avoid taking any other cold or allergy medicines unless directed by your doctor

What should I do if I forget to take fexofenadine (Allegra®)?
• Many times this drug is taken on an as needed basis
• Take a missed dose as soon as you think about it
• If it is almost time for your next dose, skip the missed dose and go back to your normal dose time
• Do not take 2 doses at the same time or extra doses

If you have any of the following side effects, call your doctor or visit the emergency room immediately:
• Tightness in the chest or throat
• Trouble breathing or talking
• Very bad dizziness or passing out
• Swelling of face, lips, tongue or throat
• Feeling very weak or tired