What is most important to remember?

- Use this medicine as directed by your doctor.
- It is important to continue taking this medicine even if you feel normal. Most people with high cholesterol or triglycerides do not feel sick.
- Do not start any new medicines, over-the-counter drugs or herbal remedies without talking to your doctor.
- Tell all doctors, dentists and pharmacists that you are using gemfibrozil (Lopid®).
- Contact your doctor right away if you have severe muscle pain or weakness.
- Follow the diet and lifestyle changes that you talked about with your doctor in addition to taking your medicine to get the greatest health benefits.

If you have questions:
Ask your doctor, nurse or pharmacist for more information about gemfibrozil (Lopid®)

Strong Internal Medicine
601 Elmwood Avenue
Ambulatory Care Facility, 5th Floor
Rochester, NY 14642
Phone: (585) 275 7424

Visit our website at: www.urmc.rochester.edu/medicine/general-medicine/patientcare/
What does gemfibrozil (Lopid®) do?
- It is used to lower the level of bad cholesterol (LDL), raise the level of good cholesterol (HDL), and lower triglycerides (TG) in the body
- It is also used to stop irritation of the pancreas

Who should know I am taking gemfibrozil (Lopid®)?
Keep a list of all your medicines (prescription, natural products, supplements, vitamins, over-the-counter) and give it to your healthcare provider (doctor, nurse, nurse practitioner, pharmacist, or physician assistant)

How should gemfibrozil (Lopid®) be used?
- Use this medicine as directed by your doctor
- This medicine is taken two (2) times a day. Take this medicine 30 minutes before breakfast and dinner
- To gain the most benefit, do not miss doses

What should I do if I forget a dose?
- Take a missed dose as soon as you think about it
- If it is close to the time for your next dose, skip the missed dose and go back to your normal dose time
- Do not take 2 doses at the same time or extra doses

What side effects could occur with gemfibrozil (Lopid®)?
- Heartburn
- Loose stools (diarrhea)

If you have any of the following side effects, call your doctor or visit the emergency room immediately:
- Very bad belly pain, upset stomach, or throwing up
- Muscle pain, weakness, or joint pain
- Blurred eyesight
- Severe headache
- Burning numbness or tingling feelings
- Very bad dizziness or passing out
- Not normal heartbeat
- Dark urine
- Any sign of a severe allergic reaction including: itching; rash; severe dizziness; trouble breathing; swelling of face, lips, tongue or throat
- Depressed mood
- Any bruising or bleeding
- Yellowing of the skin and eyes

Are there any interactions with other drugs that I need to worry about?
- There are many drug interactions that may increase your risk of side effects
- Do not start new prescription, over-the-counter medicines, or herbal and dietary supplements without telling your doctor

What are some things that I need to be aware of when taking gemfibrozil (Lopid®)?
- Tell your doctor or pharmacist if you are allergic to gemfibrozil, or if you are allergic to any other medicines, foods, or substances
- Tell your doctor if you have gallbladder disease, kidney disease, or liver disease before taking this medicine
- Tell your doctor if you are taking the medicine repaglinide (Prandin®) to treat diabetes or a "statin" such as simvastatin to treat high cholesterol before taking this medication
- If you take cholestyramine or colestipol, take gemfibrozil at least 1 hour before or 4-6 hours after taking these medicines. These products can lower the absorption of gemfibrozil
- If you are taking a blood thinner, you may need to have your blood work checked more frequently while taking this medicine. Talk with your doctor
- Tell your doctor if you are pregnant, plan to become pregnant during treatment, or if you are breastfeeding. You will need to talk with your doctor about the benefits and risks of this medicine while pregnant or breastfeeding
- Avoid alcohol consumption (includes wine, beer, and liquor)
- Store in a cool, dry place. Protect from light and do not store in the bathroom
- Keep away from children and pets