Lisinopril is used to treat high blood pressure.

It is important to continue taking this medicine even if you feel normal. Most people with high blood pressure do not feel sick.

Contact your doctor immediately if you experience any swelling of the face, lips, tongue or throat or if you experience very bad dizziness or passing out.

Do not start any new medicines, over-the-counter drugs or herbal remedies without talking to your doctor.

If you have questions:
Ask your doctor, nurse or pharmacist for more information about Lisinopril (Zestril®, Prinivil®)
What does lisinopril do?
- It is used to treat high blood pressure
- It is used to help heart function after a heart attack
- It is used to help a weak heart

How do I take lisinopril?
- Take this medicine as directed by your doctor
- It is taken one (1) time a day. Take this medicine at the same time every day
- Take with or without food

Who should know I am taking lisinopril?
- Keep a list of all your medicines (prescription, natural products, supplements, vitamins, over-the-counter) and give it to your healthcare provider (doctor, nurse, nurse practitioner, pharmacist, or physician assistant)

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What side effects could occur with lisinopril?
- Dizziness
- Headache
- Dry, unproductive cough

What should I do if I miss a dose of lisinopril?
- Take the missed dose as soon as you remember
- If it is almost time for your next dose skip the missed dose and go back to your normal dose time
- Do not take 2 doses at once or extra doses

Are there any interactions with other drugs that I need to worry about?
- There are many drug interactions that may increase your risk of side effects
- Do not start new prescriptions, over-the-counter medicines, or herbal and dietary supplements without telling your doctor

What are some things that I need to be aware of when taking lisinopril?
- Before taking this medicine tell your doctor or pharmacist if you are allergic to lisinopril, other medicines, foods, or substances
- Before taking this medicine tell your doctor if you have ever had a very bad or life threatening reaction called angioedema. Signs of this reaction include: swelling of the hands, face, lips, tongue, or throat; trouble breathing; or trouble swallowing
- Before using this medicine tell your doctor if you have diabetes or kidney disease
- Do not take this medicine if you are pregnant or plan to become pregnant. This medicine may harm the baby
- If you are breastfeeding, you will need to talk about the benefits and risks of using this medicine with your doctor
- Stand up slowly when getting up to avoid getting dizzy or passing out
- Have your blood pressure checked often
- Taking this medicine will require routine blood work. Talk with your doctor
- Contact your doctor if you get a dry, nagging cough that will not go away
- You may get sunburned more easily. Use protective clothing and sunscreen if spending time in the sun. Avoid sunlamps and tanning beds
- Talk to your doctor before you drink any alcohol (beer, wine, or liquor)
- Store in a cool, dry place. Do not keep in the bathroom
- Keep out of reach of children and pets

If you have any of the following side effects, call your doctor or visit the emergency room immediately:
- Chest pain
- Very bad dizziness or passing out
- Cough that does not go away
- Very bad belly pain
- Unable to pass urine or a change in amount of urine passed
- A heartbeat that does not feel normal
- Dark urine, yellowing of the skin or eyes, light colored stool
- Any sign of a severe allergic reaction including: rash; hives; red, swollen, blistered or peeling skin with or without fever; wheezing; tightness in chest or throat; trouble breathing or talking; swelling of face, lips, tongue, or throat