

## What is most important to remember?

- Take Fragmin® (dalteparin) or Lovenox® (enoxaparin) exactly as you are told
- Call your doctor for any signs of bleeding
- Do not start any new medications, over-the-counter drugs or herbal remedies without talking to your doctor
- Tell all doctors, dentists and pharmacists that you take a low molecular weight heparin

### If you have questions:

Ask your doctor, nurse or pharmacist for more information about Fragmin® (dalteparin) or Lovenox® (enoxaparin).

### Recommended Internet Sites

Enoxaparin:

[medlineplus.gov/druginfo/meds/a601210.html](http://medlineplus.gov/druginfo/meds/a601210.html)

Dalteparin:

[medlineplus.gov/druginfo/meds/a601210.html](http://medlineplus.gov/druginfo/meds/a601210.html)

### Strong Internal Medicine

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### Strong Internal Medicine




### Low Molecular Weight Heparin: Important Patient Information



MEDICINE of THE HIGHEST ORDER



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### What do Lovenox® (enoxaparin) and Fragmin® (dalteparin) do?

- They slow the ability of your blood to form a clot
- They are used to prevent harmful blood clots from forming in your body

### What do I need to know about taking Lovenox® (enoxaparin) and Fragmin® (dalteparin)?

- They may be given with other medications that prevent blood clots
- You will be shown how and where to give yourself injections
- Inject the contents of the pre-loaded syringe as directed by your doctor
- Change where you inject to help reduce irritation to the site
- Do **NOT** reuse syringes or needles. Throw them away after use into a rigid puncture resistant container with lids or caps such as heavy plastic bleach/laundry/detergent bottles or sharps container

### Are there any interactions with other drugs that I need to worry about?

- NSAIDS such as ibuprofen (Advil®, Motrin®) and naproxen (Aleve®) may increase the risk of bleeding. Acetaminophen (Tylenol®) can be used for pain
- Do not start new prescription medications, over-the-counter medications, or herbal and dietary supplements without telling your doctor or pharmacist

### What side effects could occur while on Lovenox® (enoxaparin) and Fragmin® (dalteparin)?

- Bleeding is the most common side effect
- If you have a bad fall or are in an accident, call your doctor immediately

### What if I forget a dose?

- If a dose is less than a few hours late, take it now
- If it is more than 6 hours late take your next dose at the normal time (i.e., if your doses are at 8am and 8pm and you remember you missed your AM dose at 2pm., wait until 8pm take your next dose)
- If your dose is once a day and it is more than a few hours late, take it as soon as you remember and reschedule your dose times 24 from then (i.e., your dose is 8am but you forgot and didn't take it until 3pm, reschedule your time for 3 pm)
- **NEVER** double up your dalteparin or enoxaparin dose

### If you have any of the following side effects, call your doctor or visit the emergency room immediately:

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| • Coughing or vomiting blood or coffee ground material | • Injection site bleeding or excessive bruising    |
| • Nosebleeds   | • Swelling in your face, hands or mouth and throat |
| • Black, tarry stools                                  | • Numbness and tingling                            |
| • Unusual weakness or tiredness                        | • <b>Severe</b> stomach pain                       |
| • Blood in urine or stool                              |  |

