

What is most important to remember?

- It may take a few weeks for you to see the benefits of taking this medicine
- Do not suddenly stop taking mirtazapine; you could have unpleasant withdrawal symptoms. Talk with your doctor about how to slowly discontinue this medicine
- Seek help from a doctor or pharmacist if you have thoughts of suicide or hurting yourself
- This medication may impair your thinking or reactions. Be careful if you drive or do anything that requires you to be alert.
- Do not start any new medications, over-the-counter drugs or herbal remedies without talking to your doctor
- If you think there has been an overdose, call your poison control center or get medical care right away

If you have questions:

Ask your doctor, nurse or pharmacist for more information about mirtazapine (Remeron®).

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Mirtazapine (Remeron®): Important Patient Information



MEDICINE of the HIGHEST ORDER



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What does mirtazapine (Remeron®) do?

- It is in a class of medications called antidepressants. It works by increasing certain types of activity in the brain to maintain mental balance
- It is used to treat depression (low mood)
- It may be given to you for other reasons. Talk with your doctor

How should mirtazapine (Remeron®) be used?

- Use this medicine as directed by your doctor
- Take at bedtime if it causes sleepiness
- Take with or without food. If it causes upset stomach, take with food

Who should know I am taking mirtazapine (Remeron®)?

- Keep a list of all your medicines (prescription, natural products, supplements, vitamins, over-the-counter) and give it to your healthcare provider (doctor, nurse, nurse practitioner, pharmacist, or physician assistant)

What side effects could occur with mirtazapine (Remeron®)?

- Lightheaded, dizzy, or sleepy
- Blurred eyesight or a change in thinking clearly
- Constipation, dry mouth, and weight gain
- Bad dreams

What should I do if I forget to take a dose?

- Take a missed dose as soon as you think about it
- If it is close to the time for your next dose, skip the missed dose and go back to your normal dose time
- Do not take 2 doses at the same time or extra doses

Are there any interactions with other drugs that I need to worry about?

- There are many drug interactions that may increase your risk of side effects
- Do not start new prescription, over-the-counter medicines, or herbal and dietary supplements without telling your doctor

What are some things that I need to be aware of when taking mirtazapine (Remeron®)?

- Tell your doctor or pharmacist if you are allergic to mirtazapine, any other medicines, foods, or substances
- It may take a few weeks for you to see the benefits of taking this medicine. Do not suddenly stop taking mirtazapine unless directed to do so by your doctor; you could have unpleasant withdrawal symptoms
- Do not take mirtazapine if you have taken other drugs for depression such as MOAIs (phenelzine, tranylcypromine) or drugs for Parkinson's disease (selegiline or rasagiline) in the last 14 days. Taking those drugs with mirtazapine can cause dangerous high blood pressure. If you are not sure, ask your doctor or pharmacist
- Tell your doctor if you have ever had a heart attack, low blood pressure, high cholesterol, heart, kidney, or liver disease. It is important to share your complete medical history with your doctor
- Call your doctor right away if you have dizziness, very bad headache, agitation, hallucinations, fever, fast heartbeat, a heartbeat that does not feel normal, flushing, seizures, shakiness, sweating a lot, change in balance, change in thinking clearly with logic, very bad upset stomach and throwing up, or very bad loose stools. These are signs of a rare but serious problem called serotonin syndrome. This risk may be greater if you take mirtazapine with certain other medicines. Talk with your doctor or pharmacist
- Tell your doctor if you are pregnant, plan to get pregnant, or are breastfeeding. You will need to discuss the benefits and risks of using this medication
- Mirtazapine may make you drowsy. Do not drive or operate machinery until you know how this medicine affects you
- Avoid alcohol (beer, wine, mixed drinks). Alcohol can add to the drowsiness caused by this medicine
- Store in a cool, dry place. Keep out of reach of children and pets

If you have any of the following side effects, call your doctor or visit the emergency room immediately:

- If you are planning on hurting yourself
- Signs of infection: fever ≥ 100.5 ; chills, very bad sore throat, cough, more phlegm, etc
- Signs of low sodium levels: headache; trouble focusing; memory problems; change in thinking clearly and with logic; seizures
- A fast heart beat
- Shortness of breath
- Very bad dizziness or passing out
- If you have a fever, muscle cramps or stiffness, dizziness, confusion, fast heartbeat, or sweating a lot, this could be a very serious problem called neuroleptic malignant syndrome (NMS)
- Signs of an allergic reaction like rash; hives; itching, red, swollen, blistered, or peeling skin with or without fever; wheezing, tightness in chest or throat, trouble breathing; or swelling of the mouth face, lips, tongue, or throat