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# November 2008 Newsletter



Happy  
Thanksgiving !!



## “Kudos” to Dr. Heather Paradis

*“Because health is more than medical care”*

Former CARE Track resident, Dr. Heather Paradis, received a \$15,000 Young Investigator Grant from the APA (Academic Pediatric Association) and the Commonwealth Fund (an agency that is leading the nation to examine well-child care practices). Her grant is for a randomized controlled trial that will test the use of an educational video during the newborn well-child visit. This video started out as her CARE Track resident project. The goals of the study are to evaluate the incorporation of a video of anticipatory guidance into the newborn well-child visit and to compare its effect with the current standard paper method of teaching. The year-long study will take place in the Pediatric Practice at Strong Primary Care Clinic. The project is currently awaiting IRB approval. Congratulations Heather !

### In the News :

Dr. Jeff Kaczorowski, PLC Co-director, was recently highlighted in the Rochester City Newspaper in the August 13th issue. The cover article, “Ghosts from the Cradle,” is an interview with Jeff where he discusses the health and well-being of children in the United States and Rochester NY specifically, uses examples from the PLC curriculum, and points out the importance of doctors moving beyond their traditional medical roles in order to ensure the health of children and families. Link to the article here:

<http://www.rochestercitynewspaper.com/news/articles/INTERVIEW:+Ghosts+from+the+cradle+/>



COVER STORY | BY CHRISTINE CARRIE FIEN | PAGE 9 | COVER ILLUSTRATION BY MAX SEIFERT

Ghosts from the cradle

### Announcements :

One of our CARE Track residents, Dr. Lindsey Nelson is currently working on a community project with Rochester City School #12. That school will participate in a "an early literacy program based on reading recovery principles." The after-school Modified Reading Recovery program began in September 2008 and will occur 3 times a week for 45 minutes and last throughout the year, while maintaining a continuous relationship of tutor and student. This program will serve about 65 students over the course of the school year. We are currently still in the process of recruiting volunteers, especially retired reading teachers to administer this important program. If you are interested in helping Dr. Nelson with her project, please feel free to contact Lisa Swetz, PLC Program Secretary via email at [Lisa\\_Swetz@URMC.Rochester.edu](mailto:Lisa_Swetz@URMC.Rochester.edu). *This project is funded by a grant from the CPAC Small Grants Program sponsored by the PLC Program and Dr. Michael and Mrs. Angela Pichichero.*

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