





	<h2 style="text-align: center;">Mental Health Services at the Hall of Justice</h2>
	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  </div> <div style="text-align: center;">  </div> <div style="text-align: center;">  </div> </div> <p style="text-align: center;">Elizabeth J. Santos, M.D. Michelle LaRussa-Trott, LMSW</p>

	<h2 style="text-align: center;">Funding</h2>
	<p>Dr. Cerulli's effort was provided by NIMH K01MH075965-01. Clinic services are supported by a grant from the New York State Office of Mental Health. Additional support from the Department of Psychiatry Residency Training Program, Social Work, and the Laboratory of Interpersonal Violence and Victimization.</p>
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	<h2 style="text-align: center;">Mental Health and IPV</h2>
	<p>Data from NIJ Website:</p> <p>Prevalence Annually: 1.3 million women 835,000 men</p> <p>Female Victims: 50% Major Depression 31% Other Anxiety 24% PTSD</p>
	

Mental Health in Kate's K

- 52 out of 168 women – 31% -- were identified as having thoughts about *suicide* and in need of further assessment.
- The average *PTSD* score was 70.62 (*sd*:32.41), in comparison to 47.99 (*sd*:27.88) in the not at risk sample.
- The average CESD (*depression*) score was 37.25 (*sd*:9.93), in comparison to 26.0 (*sd*:12.01) in the not at risk sample.




Creativity to Meet the Need

- Interdisciplinary partnership between ABW, the Monroe County Family Court, and Department of Psychiatry.
- Funding sources include in-kind support (office, phone, etc.), and New York State Office of Mental Health Training Grant.
- 3rd Year Psychiatry residents provide services, supervised by a psychiatrist on-site after participating in intensive training.
- Ongoing training required as new needs develop: sleep issues, trauma histories, complex case management needs.



Mental Health Services at the Hall of Justice

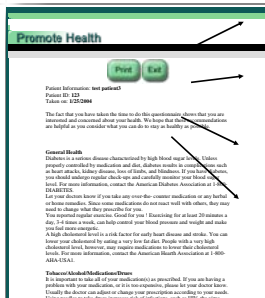


	<h2>How to Access Services</h2> <ul style="list-style-type: none"> ➤ Petitioners go through OOP intake process ➤ Probation assistants provide brochure and mental health services interest screening form ➤ Petitioners spend time in waiting room with ABW CAP Advocates and Legal Aide Attorneys ➤ Michelle LaRussa-Trott identifies interested petitioners through the interest form, CAP Advocates, Legal Aide, and also screens independently 
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	<h2>How to Access Services II</h2> <p>Michelle determines appropriateness for service including:</p> <ul style="list-style-type: none"> ➤ Petitioners at Family Court > 18 years old ➤ Not currently receiving Mental Health Services ➤ Speaks English fluently enough to participate in therapy ➤ Has transportation ➤ Can be seen in the afternoons on Wednesdays or Fridays 
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	<h2>How to Access Services III</h2> <p>If unable to receive services through our clinic:</p> <ul style="list-style-type: none"> ➤ Provide contact information for community resources ➤ Facilitate linkage with their current providers ➤ On-site support while petitioner is awaiting court appearance(s) 
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Promote Health Questionnaire



- 50-70 Questions
- Physical Health
- Mental Health
- Environmental Health
- 10 minutes
- Personalized
- Resource List



PTSD

For > 1 month

- A: Experienced Trauma/ Threat with Intense Fear, Helplessness, Horror
- B: Reexperiencing
- C: Avoidance
- D: Increased Arousal



Treatment: Medication

- SSRIs
- Benzodiazepines
- Sleep agents
- Mood stabilizers
- Antipsychotics



Treatment: Psychotherapy

Depression

- Interpersonal Therapy
- Cognitive Therapy

Anxiety/PTSD

- Cognitive Behavioral Therapy
- Prolonged Exposure Therapy (Foa)
 - Imaginal Exposure
 - In Vivo Exposure



Treatment: Others

- Dialectical Behavior Therapy (DBT)
- Depression/Anxiety Groups
- Marriage and Family Therapy
- Cognitive Behavioral Therapy for Insomnia (CBT-I)