

Stepping Out: Community-Oriented News in Psychiatry



From the Office of Mental Health Promotion Issue: December 18, 2012

Events

- Facing Race, Embracing Equity Launch Event
- One Circle Foundation's Facilitator Training
- Seek Solutions to Violence
- Next to Normal
- 2013 Rising Stars Nominations



Facing Race, Embracing Equity Launch Event

What: From education to politics, poverty to health, race affects all areas of our community. Begin 2013 by joining Rochester's [Facing Race, Embracing Equity](#) initiative to build a framework for creating a racially equitable society. During the launch event, participants will:

- Learn about inequities that exist in Rochester and Monroe County;
- Share resources and connections about work already being done and planned to alleviate inequities;
- Lay the groundwork to set priorities for actionable and measurable change.

In conjunction with the exhibition *RACE: Are We So Different?*, running at the Rochester Museum & Science Center Jan. 19 through April 28, Facing Race, Embracing Equity is an initiative dedicated to fostering dialogue and action that will create equitable opportunities for all.

Where: Asbury First United Methodist Church, 1050 East Avenue Rochester, NY 14607

When: Wednesday, January 9, 2013 8:30 am. Networking Session, 9 am-12 - Program

More information: For questions or to RSVP, email Isha Torres at ITorres@RACF.org or call 585.341.4346

One Circle Foundation's Facilitator Training

What: Ontario County Youth Bureau and Monroe County are hosting One Circle Foundation's Girls Circle and The Council for Boys and Young Men facilitator training in January and February 2013. One Circle Foundation is a non-profit national organization which offers circle program models that create, restore, and sustain healthy relationships because healthy relationships are the core element to a healthy individual, family, society and world. The circle models are designed in evidence-based principles and practices, incorporating motivational interviewing, cultural responsiveness, strengths-based approaches and trauma-responsive practices. The models reach across cultures, race and ethnicity, demographics, economics, sexual orientation and identity, and religion. The fundamental approach is to create connection and build a community that provides safety, respect, non-judgment and a listening environment.

More information: Consider registering for this valuable training opportunity so that you can facilitate Girls Circle and The Council for Boys and Young Men in your community! You can register on-line at onecirclefoundation.org or call (415) 419-5119. The training will be held at Finger Lakes Community College, Victor Campus Center. Be an "Early Bird" and register by Jan. 2 to receive a \$55 savings off of each registration!

Seeking Solutions to Violence

What: Join Mayor Thomas Richards, Chief James Sheppard and City staff as we ask for your input in our efforts to reduce violence in our neighborhoods. You are an invaluable component of this process as we work together to discuss solutions to improve our community.

Where: Tuesday, January 29 at Edgerton Stardust Ballroom, 41 Backus Street
Tuesday, January 15 at Carter Street Recreation Center, 500 Carter Street
Tuesday, February 5, Cobbs Hill Park, Lake Riley Lodge, 100 Norris Drive

When: 6-8pm for all sessions

More information: Visit <http://www.cityofrochester.gov/article.aspx?id=8589955343>

Next to Normal

What: Next to Normal tells the story of a mother who struggles with mental illness and the effect this has on her family. This pop-rock musical shows how far two parents will go to keep themselves sane and their family's world intact. Tony and Pulitzer Winning Musical. Sponsored by NAMI night

Where: Geva Theatre Center

When: Sunday, January 13, 2013 Reception 5-6pm, Pre-show Discussion 6:30pm. Show begins 7pm

More information: Tickets must be pre-ordered through Colleen Brown at (585) 232-1366

x3057 or cbrown@gevatheatre.org. Deadline for orders December 29th. Not available through the box office

2013 Rising Stars Nominations

What: The 40 Under 40 Rising Stars program recognizes members of the Hispanic/Latino community under the age of 40 who have demonstrated outstanding accomplishments and achievements in the areas of business, education, politics, non-profit sector, community service, and more.

When: Nomination Deadline: 12/31/12

Rising Stars Announcement: Early 2013

Awards Recognition: weekend of March 22-24, 2013 Albany, NY

More information: Visit <http://www.hcnewyork.com/rising-starsestrellas-latinas.html>

Reminders

- Please consider applying your attendance for any events that might meet the objectives for independent study credit hours in order to complete your cultural competence training requirements (minimum of 3 credit hours) for the Department of Psychiatry.
- To see any past Stepping Out newsletters, please visit our OMHP homepage for the Stepping Out Archives at [Psychiatry Department: Office of Mental Health Promotion](#)

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