



## From the Office of Mental Health Promotion Issue: February 6, 2012

### Events

- Black History Month at the U of R
- Nazareth Art Exhibit
- Faith and Medicine: Working Together to Eliminate AIDS
- Racial Justice Workshop
- Continuing Professional Education



### Black History Month at the U of R

**What:** The University of Rochester is celebrating Black History Month with many events around campus.

**More information:** <http://www.rochester.edu/diversity/celebrations/blackhistory/index.html>

### Nazareth Art Exhibit

**What:** Nazareth College hosts an extraordinary photographic exhibit, *Polish Heroes: Those Who Rescued the Jews*

**When:** A lecture with Holocaust expert Michael Dobkowski, professor of religious studies at Hobart and William Smith Colleges, will take place on Wednesday, February 8 at 6 p.m. in the Shults Center Forum on campus. The exhibit is free and open to the public seven days a week from 8 a.m. to midnight starting January 23 – February 19, 2012.

**Where:** Nazareth College Otto A. Shults Center Lobby, 4245 East Avenue, Rochester, NY 14618

**More information:** Visit <http://www.naz.edu/news/polish-heroes-those-who-rescued-the-jews> or call (585) 389-2371

### Faith and Medicine: Working Together to Eliminate AIDS Conference

**What:** Rochester Affiliate of the National Black Leadership Commission on AIDS is proud to present AIDS' (BLCA's) freshman conference - "Faith And Medicine - Working Together to Eliminate AIDS!" This is a collaborative effort joining faith leaders and medical

professionals.

**When:** Friday, February 10, 2012, 5-9pm

**Where:** St. Mary's Hospital, 89 Genesee St, Rochester, NY 14611

**More information:** Contact Rev. Greg Byrd at [gbyrd@jordanhealth.org](mailto:gbyrd@jordanhealth.org) or (585) 423-2810.

Brochure is attached above.

### **Racial Justice Workshop**

**What:** Almost fifty years after the passage of the Voting Rights Act the United States is still a nation that produces enormous gaps in employment, income, savings, homeownership, prison sentencing, graduation rates, health and disease based on the color of our skin. And our schools are even more segregated now than they were after 1954's Brown v Board of Education court ruling. How is this possible? Workshop participants will work together to explore how race and ethnicity operate within our American institutions, between us as individuals and within our own hearts and minds.

**When:** Saturday, February 11, 2012 9am-3pm

**Where:** Downtown United Presbyterian Church, 121 N. Fitzhugh Street Rochester, NY

**More information:** \$5.00 donation requested which includes lunch and drinks.

Registration is limited. To reserve your spot call the Metro Justice office at 325-2560

### **Continuing Professional Education**

**What:** Psychoeducation is fundamental to most human service programs and as part of treatment for MH and substance abuse. While clinicians may know the clinical subject matter well, skill development for effective delivery is not generally part of their training. This interactive workshop applies principles of effective instructional design to the goals of psychoeducation. It provides practical, engaging, and fun strategies for creating, delivering and evaluating group educational sessions. This program has been approved for 6 hours of continuing education under the auspices of the National Association of Social Workers New York State Continuing Education Recognition Program.

**When:** Friday, February 24, 2012 8:30am-4pm

**Where:** CRCDS 1100 S. Goodman St. Rochester, NY

**More information:** Fee: \$75 per participant To reserve a spot: email [tbrown114@rochester.rr.com](mailto:tbrown114@rochester.rr.com) and request registration by February 20.

### **Reminders**

- Please consider applying your attendance for any events that might meet the objectives for independent study credit hours in order to complete your cultural competence training requirements (minimum of 3 credit hours) for the Department

of Psychiatry.

- To see any past Stepping Out newsletters, please visit our OMHP homepage for the Stepping Out Archives at [Psychiatry Department: Office of Mental Health Promotion](#)

For more information on events in the community check out the [DBSA Website](#)

**Our mailing address is:**

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