



STEPPING OUT: COMMUNITY-ORIENTED NEWS IN PSYCHIATRY

**From the Office of Mental Health Promotion
Issue: May 4, 2011**

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Center for Health & Behavioral Training Course Offerings

What: CHBT is pleased to announce that we still have seats available for training in the April and May 2011 courses.

Course Offerings:

May 5, 2011 – Addressing Sexual Risk with Drug Users and Their Partners

May 6, 2011 – Addressing Prevention with HIV+ Clients

May 9, 2011 – PPD Skin Testing (1-4PM)

May 18-19, 2011 – Sex, Gender and HIV

Fee: Free

Register: Register online at www.chbt.org

For More Information: For a complete description of each course, visit www.chbt.org

Creation Nation

What: The mission of Creation Nation is to empower new citizens who have come to Rochester through the Refugee Resettlement Process. We strive to celebrate diversity, while uniting our community through the arts. We provide a supportive outlet for artists to grow artistically and share their unique life experiences through Art shows, classes, and other community events.

When: Friday, May 6th, 2011 from 5:00-9:00PM

Where: Grassroots Gallery, 1115 East Main St, Door #1, Suite 157, Rochester, NY 14609

For More Information: Visit thegrassrootsgallery.com

Cultural Diversity Conference

What: Alcoholism and Substance Abuse Providers, Inc. (ASAP), will hold a cultural diversity conference entitled, "Respecting Differences: Achieving Peace." The conference will provide presentations by nationally recognized experts on a range of topics related to cultural competence.

When: Friday, May 6th, 2011

Where: Lesbian, Gay, Bisexual, & Transgender Community Center, 208 West 13th St, New York, NY.

Registration Fee: \$40

For More Information and To Register: <http://www.asapnys.org/>

How Mental Health Concerns Impact the Lives of Older Persons and Their Families*

What: The Mental Health Association's Older Person's Mental Health Forum presents three dynamic presentations for anyone who works with or interacts with older persons and their families.

When: May 13th, 2011, Presentations start at 9:00AM and end at 3:00PM

Where: The Auditorium at Unity's St. Mary's Hospital, 89 Genesee St

Register: You may register your agency to become a *Forum Member* for a fee of \$50 and send an unlimited number of staff. For non-members, registration is \$10 for each workshop. Call in: 585-325-3145 or mail to:

Mental Health Association

320 N. Goodman St

Rochester, NY 14607

American Foundation for Suicide Prevention's 4th Annual Preserving Hope Spring Fundraiser

What: Join us for an evening of hilarious comedy and wonderful music featuring Rochester-based improv duo The ManShee Chronicles, musician Josh Gregg, and other special guests. Proceeds benefit the American Foundation for Suicide Prevention

When: Saturday, May 14th, 2011 from 7:00-10:00PM

Where: Strathallan Hotel, 550 East Ave, Rochester, NY 14607

Tickets: \$15, includes hor d'oeuvres, cash bar, and a raffle of unique items from Rochester-area businesses

Register: Pay by check (made payable to AFSP) and mail to:

AFSP-WNY

PO Box 201

Spencerport, NY 14559

Attn: Preserving Hope Fundraiser

Tickets will also be available at the door the night of the show. For more info go to

www.afsp.org

Learn How to Become a Community Leader

What: Join us for this important seminar on leadership and help change your neighborhood

When: May 17, 2011 at 10:00AM

Where: 121 Driving Park Ave

To RSVP: Call 585-690-6800 or Email bill@ManyCulturesOneCommunity.org

Wretches & Jabberers, A Film at the Little

What: NAMI is co-sponsoring this film which has been praised at the national level. The film is being screened on this day, National Autism Day, by 100 theatres across the nation. A panel discussion to follow and will include Dr. Lori Jeanne Peloquin, M.D.

When: Thursday, May 12th at 7:30pm

Where: The Little Theatre, 240 East Ave., Rochester, NY

More Info: www.namirochester.org

The Reel Mind Series*

What: The Reel Mind Theatre & Film Series will be presenting 4 films to run biweekly on Tuesday evenings starting May 17th at the Cinema Theatre at 7PM

When:

May 17: OC87: The Obsessive Compulsive, Major Depression, Bipolar, Asperger's Movie

May 31: The Soloist

June 14: It's Kind of a Funny Story

June 28: One Flew Over the Cuckoo's Nest

Where: The Cinema Theatre, 657 South Clinton

Tickets: Series tickets are available for \$28, individual tickets are \$8. Reservations for series tickets can be made by contacting the Mental Health Association, 320 North Goodman, 585-325-3145 or emailing Ellen Rogers at erogers@mharochester.org.

2nd Annual Joseph Ryan Conference Day

What: Strong Recovery presents healthy insights: connecting mindfulness, wellness, and families in Recovery

When: May 20, 2011, 9:00AM-3:00PM

Where: The University of Rochester Medical Center Class of '62 Auditorium

For More Information: Contact Julie Achtyl at

Julie_Achtyl@urmc.rochester.edu or 585-273-3593, or visit josephryanconference.weebly.com

A Fresh Look at Borderline Personality Disorder*

What: The Mental Health Association is sponsoring an event that will focus on educating the community about Borderline Personality Disorder.

When: Thursday, September 22nd from 6:30-8:30PM – for an audience of largely consumers and family members

Friday, September 23rd from 8:00-11:00AM – for a professional audience

Where: Unity Health Education Center, 155 Long Pond Road, Rochester, NY 14626

Cost: \$50.00

For More Information: Visit www.mharochester.org

To Register: Complete attached Agreement Form and submit it along with your check for \$50 to the Mental Health Association at 320 N. Goodman St, Rochester, NY 14607

- Please consider applying your attendance for any events that might meet the objectives for independent study credit hours in order to complete your cultural competence training requirements (minimum of 3 credit hours) for the Department of Psychiatry.

- To see any past Stepping Out newsletters, please visit our OMHP homepage for the Stepping Out Archives at <http://www.urmc.rochester.edu/smd/psych/community/omhp/index.cfm>