STEPPING OUT: COMMUNITY-ORIENTED NEWS IN PSYCHIATRY
From the Office of Mental Health Promotion
Issue: May 4, 2011

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Center for Health & Behavioral Training Course Offerings

What: CHBT is pleased to announce that we still have seats available for training in the April and May 2011 courses.

Course Offerings:
May 5, 2011 – Addressing Sexual Risk with Drug Users and Their Partners
May 6, 2011 – Addressing Prevention with HIV+ Clients
May 9, 2011 – PPD Skin Testing (1-4PM)
May 18-19, 2011 – Sex, Gender and HIV

Fee: Free
Register: Register online at www.chbt.org
For More Information: For a complete description of each course, visit www.chbt.org
**Creation Nation**

**What:** The mission of Creation Nation is to empower new citizens who have come to Rochester through the Refugee Resettlement Process. We strive to celebrate diversity, while uniting our community through the arts. We provide a supportive outlet for artists to grow artistically and share their unique life experiences through Art shows, classes, and other community events.

**When:** Friday, May 6th, 2011 from 5:00-9:00PM

**Where:** Grassroots Gallery, 1115 East Main St, Door #1, Suite 157, Rochester, NY 14609

**For More Information:** Visit thegrassrootsgallery.com

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**Cultural Diversity Conference**

**What:** Alcoholism and Substance Abuse Providers, Inc. (ASAP), will hold a cultural diversity conference entitled, “Respecting Differences: Achieving Peace.” The conference will provide presentations by nationally recognized experts on a range of topics related to cultural competence.

**When:** Friday, May 6th, 2011

**Where:** Lesbian, Gay, Bisexual, & Transgender Community Center, 208 West 13th St, New York, NY.

**Registration Fee:** $40

**For More Information and To Register:** [http://www.asapnys.org/](http://www.asapnys.org/)

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**How Mental Health Concerns Impact the Lives of Older Persons and Their Families**

**What:** The Mental Health Association’s Older Person’s Mental Health Forum presents three dynamic presentations for anyone who works with or interacts with older persons and their families.

**When:** May 13th, 2011, Presentations start at 9:00AM and end at 3:00PM

**Where:** The Auditorium at Unity’s St. Mary’s Hospital, 89 Genesee St

**Register:** You may register your agency to become a Forum Member for a fee of $50 and send an unlimited number of staff. For non-members, registration is $10 for each workshop. Call in: 585-325-3145 or mail to: Mental Health Association 320 N. Goodman St Rochester, NY 14607

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**American Foundation for Suicide Prevention’s 4th Annual Preserving Hope Spring Fundraiser**
What: Join us for an evening of hilarious comedy and wonderful music featuring Rochester-based improv duo The ManShee Chronicles, musician Josh Gregg, and other special guests. Proceeds benefit the American Foundation for Suicide Prevention
When: Saturday, May 14th, 2011 from 7:00-10:00PM
Where: Strathallan Hotel, 550 East Ave, Rochester, NY 14607
Tickets: $15, includes hor d’oeuvres, cash bar, and a raffle of unique items from Rochester-area businesses
Register: Pay by check (made payable to AFSP) and mail to: AFSP-WNY
PO Box 201
Spencerport, NY 14559
Attn: Preserving Hope Fundraiser
Tickets will also be available at the door the night of the show. For more info go to www.afsp.org

Learn How to Become a Community Leader

What: Join us for this important seminar on leadership and help change your neighborhood
When: May 17, 2011 at 10:00AM
Where: 121 Driving Park Ave
To RSVP: Call 585-690-6800 or Email bill@ManyCulturesOneCommunity.org

Wretches & Jabberers, A Film at the Little

What: NAMI is co-sponsoring this film which has been praised at the national level. The film is being screened on this day, National Autism Day, by 100 theatres across the nation. A panel discussion to follow and will include Dr. Lori Jeanne Peloquin, M.D.
When: Thursday, May 12th at 7:30pm
Where: The Little Theatre, 240 East Ave., Rochester, NY
More Info: www.namirochester.org
The Reel Mind Series*
What: The Reel Mind Theatre & Film Series will be presenting 4 films to run biweekly on Tuesday evenings starting May 17th at the Cinema Theatre at 7PM
When:
May 17: OC87: The Obsessive Compulsive, Major Depression, Bipolar, Asperger’s Movie
May 31: The Soloist
June 14: It’s Kind of a Funny Story
June 28: One Flew Over the Cuckoo’s Nest
Where: The Cinema Theatre, 657 South Clinton
Tickets: Series tickets are available for $28, individual tickets are $8. Reservations for series tickets can be made by contacting the Mental Health Association, 320 North Goodman, 585-325-3145 or emailing Ellen Rogers at erogers@mharochester.org.

2nd Annual Joseph Ryan Conference Day
What: Strong Recovery presents healthy insights: connecting mindfulness, wellness, and families in Recovery
When: May 20, 2011, 9:00AM-3:00PM
Where: The University of Rochester Medical Center Class of ’62 Auditorium
For More Information: Contact Julie Achtyl at Julie_Achtyl@urmc.rochester.edu or 585-273-3593, or visit josephryanconference.weebly.com

A Fresh Look at Borderline Personality Disorder*
What: The Mental Health Association is sponsoring an event that will focus on educating the community about Borderline Personality Disorder.
When: Thursday, September 22nd from 6:30-8:30PM – for an audience of largely consumers and family members
Friday, September 23rd from 8:00-11:00AM – for a professional audience
Where: Unity Health Education Center, 155 Long Pond Road, Rochester, NY 14626
Cost: $50.00
For More Information: Visit www.mharochester.org
To Register: Complete attached Agreement Form and submit it along with your check for $50 to the Mental Health Association at 320 N. Goodman St, Rochester, NY 14607
➤ Please consider applying your attendance for any events that might meet the objectives for independent study credit hours in order to complete your cultural competence training requirements (minimum of 3 credit hours) for the Department of Psychiatry.

➤ To see any past Stepping Out newsletters, please visit our OMHP homepage for the Stepping Out Archives at http://www.urmc.rochester.edu/smd/psych/community/omhp/index.cfm