From the Office of Mental Health Promotion
Issue: November 5, 2012

Events

- Latino Cultural Symposium 2012 Research on Latino Culture
- Inclusive Possibilities Cluster
- Time Does NOT Heal all Wounds: Breaking the Cycle of Adverse Childhood Experiences
- World AIDS Day
- Bread for All Bakery

**Latino Cultural Symposium 2012 Research on Latino Culture**

*What:* Information and Research by faculty, organizations, and undergraduates at the University of Rochester

*Where:* Flaum Atrium, School of Medicine & Dentistry

*When:* Wednesday, November 7, 2012 11:30am-1:30pm

*More information:* Free and Open to the public

**Inclusive Possibilities Cluster**

*What:* Guest speakers Diane Coleman, J.D. and Stephen Drake from Not Dead Yet will be featured. Not Dead Yet is a national, grassroots disability rights group that opposes legalization of assisted suicide and euthanasia as deadly forms of discrimination against old, ill, and disabled people. After the session, anyone interested in becoming a member can attend the first meeting of the IPC from 12–1pm.

*Where:* Evarts Lounge of Helen Wood Hall (School of Nursing, 255 Crittenden Blvd, validated parking is available).

*When:* Tuesday, November 13, 2012 10am-12pm

*More information:* Visit [http://www.rochester.edu/ucis/inclusivepossibilities.htm](http://www.rochester.edu/ucis/inclusivepossibilities.htm) RSVP to Bernadette Jackson at Bernadette_Jackson@urmc.rochester.edu or (585)276-5067.
**Time Does NOT Heal all Wounds: Breaking the Cycle of Adverse Childhood Experiences**

**What:** Adverse Childhood Experiences (ACES) impact not just childhood, but the physical and emotional lifetime health trajectory of its survivors. We often see the impact and are frustrated in our efforts to help. Can anything we do now alter the life course health trajectory of the children and adults who have experienced childhood trauma and bear its scars?

**Where:** Holiday Inn Airport Rochester, New York

**When:** Wednesday, November 14, 2012

**More information:** Visit [http://www.acesconference.info/](http://www.acesconference.info/)

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**World AIDS Day**

**What:** It's time to let everyone know that Getting to Zero is a must. Please join us for a candlelight vigil and service to follow. Testing will be available.

**Where:** Candlelight vigil: Corner of Upper Falls and Hudson Avenue. Service by Rev. Dr. Frederick Johnson, at First Genesis Missionary Baptist Church, 292 Hudson Avenue

**When:** Saturday, December 1, 2012 5PM Candlelight Vigil. 6-8pm Service

**More information:** Please contact Jackie Dozier, AIDS Care at 585-210-4126 or jdozier@acRochester.org

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**Bread for All Bakery**

**What:** Bread for All is a small-scale self-help bread-baking project of St. Joe’s Catholic Worker. We offer job training to members of the community who are looking for work. Trainees receive a modest ($9 an hour) stipend and the rest of us are volunteers. We sell our bread on a subscription basis (a CSB: community-supported bakery) and give away loaves to those who cannot afford to pay.

**More information:** See the flyer attached or call (585) 775-9135

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**Reminders**

- Please consider applying your attendance for any events that might meet the objectives for independent study credit hours in order to complete your cultural competence training requirements (minimum of 3 credit hours) for the Department of Psychiatry.
- To see any past Stepping Out newsletters, please visit our OMHP homepage for the Stepping Out Archives at [Psychiatry Department: Office of Mental Health Promotion](#)
Our mailing address is:
Office of Mental Health Promotion
Strong Behavioral Health
300 Crittenden Blvd., Box PSYCH
Rochester, NY 14642

Jessica Poweski
Secretary IV
Office of Mental Health Promotion
Phone: 585-275-3571