



From the Office of Mental Health Promotion Issue: November 16, 2011

Events

- Rochester Public Market Cookbook
- URvoice4choiceURvoice4choice
- Caring for Traumatized Children: A Community Network
- Society for Adolescent Health and Medicine Meeting
- Managing Clinician Wellness and Performance



Rochester Public Market Cookbook

What: The Friends of the Rochester Public Market are promoting the first ever Rochester Public Market Cookbook At the Heart of it All: Sharing the Recipes, the Stories & the Love of Our Market .All of the proceeds from the cookbook will support the Public Market Token Program that enables people to use their Food Stamp EBT cards to purchase fresh, affordable and local produce from area farmers. The cookbook retails at \$22.95 + tax and can be ordered in person at the Rochester Public Market or online at www.marketfriends.org/cookbook .

More information: Gail L. Newton, Director, Community Health Partnerships, Center for Community Health, University of Rochester Medical Center at 585-224-3057

URvoice4choiceURvoice4choice

What: A call to all HIV+ young adults ages 15-26. Please come join us for a collaborative dinner to share YOUR needs for specialized services in the community. Your voice makes a difference and the time is now!

When: Thursday, November 17th, 2011 6:00-7:30pm

Where: Carlson Metro-Center YMCA, 444 East Main Street (Across from Eastman Theatre)

More information: Contact one of the following to reserve your voice at dinner: Vilma Vendrell: at 339-9800 Ext. 302 or Julian Brown: Julianbrownjr@yahoo.com

Caring for Traumatized Children: A Community Network

What: Three agencies, Mt. Hope Family Center, The Children's Center, and the Crisis Nursery, will provide overviews of their complementary services. Discussion will include how your organization can provide support to keep these services intact.

When: Monday, December 12th, 2011 8:30-10:30am

Where: Nixon Peabody, 1300 Clinton Square, 14th floor, Rochester

More information: RSVP to Carol Marcy (585) 275-2991 x209 by December 5th

Society for Adolescent Health and Medicine Meeting

What: Next month will be the Fall Meeting for the New York Chapter of SAHM (Society for Adolescent Health and Medicine). The topic for this meeting is "Reaching OUT - Making Services Friendly to LGBTQ Youth." As most all pediatric providers see adolescents in clinic, we wanted to make sure we informed you of this exciting meeting that will hopefully help you to improve your service delivery to this underserved group. The meeting will be video-conferenced to multiple locations in the state, and include experts from across the regions.

When: Tuesday, December 6th, 2011 6pm-9pm

Where: Saunders Building (SRB-1301)

More information: There is a nominal attendance fee, which includes the meeting as well as dinner and beverage. Reservations are required. Any questions, contact Mandy Coles, MD, MPH, Adolescent Medicine, University of Rochester at 273-4616 or

mandy_coles@urmc.rochester.edu

Managing Clinician Wellness and Performance

What: This course offers management strategies linked to well-being, in addition to wellness. Well-being represents broader goals, and is defined by an individual's satisfaction, purpose, social connection and mental health.

When: Friday, December 9, 2011 8:30-4:00pm

Where: CRCDS 1100 South Goodman St. Rochester NY 14620

More information: Fee:\$75 per participant. Continental breakfast will be provided. Lunch is on your own. Registration form is attached above.

Reminders

- Please consider applying your attendance for any events that might meet the objectives for independent study credit hours in order to complete your cultural competence training requirements (minimum of 3 credit hours) for the Department of Psychiatry.
- To see any past Stepping Out newsletters, please visit our OMHP homepage for the Stepping Out Archives at [Psychiatry Department: Office of Mental Health Promotion](#)

