



November 2013

Stepping Out & Stepping Up is a monthly, community-oriented newsletter of the Department of Psychiatry published by the Office of Mental Health Promotion.

Child & Adolescent Leadership Programs

By: Jennifer West



Each intern in the Doctoral Internship Program in Clinical Psychology participates in a leadership project mentored by a faculty member. The leadership project is designed to:

- Enhance the intern's understanding of complex issues facing a clinical service, the Department of Psychiatry, and/or the Psychology Training Program
- Give interns exposure to the scope and depth of the functioning of psychologists within a clinical service or a Psychiatry department and expand their ideas regarding the "value added" of psychologists.
- Provide current Service and Department leaders with new perspectives and ideas for addressing long-range issues.

At the conclusion of the training year, interns present a brief summary of their project at the Leadership Project Capstone Event that is attended by psychology training program faculty and other department faculty and leaders.

Two of the projects during the 2012-2013 training year involved working with community partners. Matthew Cribbet worked with the Delphi Drug and Alcohol Council on a program evaluation project which consisted of obtaining and analyzing data to determine factors associated with successful completion of a treatment program for perpetrators of intimate partner violence (IPV). He and his faculty mentor, Marc Swogger, PhD, made recommendations for "next steps" in Delphi's IPV perpetrator treatment program.

Jack Peltz worked with Linda Alpert-Gillis, PhD, to develop a child component to the Department of Psychiatry Advisory Council of Consumers DPACC, a group of consumers, their families, and key departmental leaders of Strong Behavioral Health. DPACC provides feedback and discusses ideas related to improvements of services, quality of care and improving consumer satisfaction. Jack helped design recruitment efforts to involve family members, develop child-related content for the advisory board, and facilitate discussion of this content at advisory board meetings. Jack shared the following about his leadership project: "This experience was invaluable. It allowed me to learn how consumers experience mental health services and how important their feedback is in shaping policy and procedure at Strong."

Community-Oriented Events

The Department of Psychiatry's Annual Academic-Community Partnership Celebration is coming up. We are excited to celebrate another year full of partnerships making strides in the community. If you would like details or to invite partners, please email Jessica Poweski at Jessica_Poweski@urmc.rochester.edu.



Health Happens Where You Live...Did you know?

Veterans and their families have their own crisis hotline at 1-800-273-8255. The caring professionals are specially trained and experienced in helping Veterans of all ages and circumstances. Many of the responders are Veterans themselves. Since its launch in 2007, the Veterans Crisis Line has answered more than 890,000 calls and made more than 30,000 life-saving rescues. In 2009, it added an anonymous online chat service. In November 2011, it introduced a text-messaging service, providing another way for Veterans to connect with round-the-clock support.

An investigator team led by Psychiatry's Dr. Kerry Knox has NIMH funding to study this crisis line. For more research information, see her [article\[psychiatry.createsend1.com\]](http://psychiatry.createsend1.com).



International Survivors of Suicide Day: American Foundation for Suicide Prevention (AFSP)

The University of Rochester Medical Center at the School of Medicine & Dentistry is this year's gathering location for those who have been affected by suicide loss. The events of this day will provide a safe and healing place for everyone to participate meaningfully. Listen to a diverse group of survivors, friends and family sharing their experiences.

School of Medicine & Dentistry - Ryan Case Method Room (1-9576), Saturday, November 23rd 10:30-3pm. Parking is available at Lot #8 MRB on Elmwood Avenue. A light lunch will be provided. For questions contact Sarah Clark, AFSP-WNY area director at 585-202-2783.

Community Partnership Development Award Announcement

We are pleased to announce that we are accepting applications for the Department of Psychiatry's 2013-14 Community Partnership Development Award (up to \$20,000). We are looking forward to another year of joint academic-community generated proposals to strengthen the mental health of community members. Take a look at the recent awardees to see how such efforts can also promote future community interventions or clinical innovations. If you are interested in applying, please see the link below for more information.

<http://www.urmc.rochester.edu/psychiatry/outreach/omhp/community.cfm>

The letters of intent are due on February 3rd and the applications are due on March 24th. For more information about applying, please contact Ann Marie White about the award program at Annmarie.White@urmc.rochester.edu.

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