



From the Office of Mental Health Promotion Issue: September 1, 2011

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Infant Mortality Awareness Campaign Kick-Off

What: The Perinatal Network will kick off a month long campaign to raise awareness of infant mortality and the disparity in the rates at which babies are dying in our community. Our intent is to honor those who died by focusing attention on what we all need to do to prevent these deaths in the future. We will acknowledge the programs that work to prevent infant mortality and will give everyone the opportunity to contribute to the message by making a special "onesie" to hang on one of our displays.

Where: 339 East Ave. First Floor Lobby

When: September 7, 2011 10am-11am

More information: Let Jacquie know if you are coming and how many people you are bringing so that we can have an adequate supply of materials. Call 585-546-4930 or email jisaacs@PerinatalNetwork.net. Free parking is available in the gravel lot behind Bethel Christian Fellowship - just stop at the church office on Anson Place after you park to let them know that you are coming to this event.

Finding G-d--Locating Ourselves and the "Other" in a Post-Holocaust World

What: Keynote Speaker: Prof. Dr. Michael Dobkowski. Prof. Dr. [Michael Dobkowski](#) is a Professor of Religious Studies with specialties in Judaism and Holocaust Studies at Hobart and William Smith Colleges and is a visiting Professor for the Fall Semester 2011 at Nazareth College of Rochester. He holds an MA and PhD from New York University. He is an author of many articles and books. Some related to the topic are: *The Politics of Indifference: A Documentary History of Holocaust Victims in America*, University Press of America, 1982, *The Tarnished Dream: The Basis of American Anti-Semitism*, Greenwood Publishing Group, 1979 and Co-author of: *Nuclear Weapons, Nuclear States and Terrorism*, Sloane Publishing, 2006

Where: Nazareth College of Rochester, Otto A. Shults Community Center, Forum

When: Tuesday, September 13, 2011, Time: 7-8:30pm

More information: The event is free and open to the public. Muhammad Shafiq, PhD Center for Interfaith Studies and Dialogue (CISD), Nazareth College, (585)389-2963 cisd@naz.edu or <http://www.naz.edu/dept/cisd/>

Greentopia Festival

What: The Rochester Cycling Alliance (RCA) will have a presence at the Greentopia Festival. On Saturday the 17th, the RCA is organizing a self-guided Bike-the-Bridges ride to the festival from Genesee Valley Park to High Falls (six miles one way). The RCA will also have a table. Stop by to get some free educational cycling material, bicycle road & trails map, or just to talk about the bicycle infrastructure in the Rochester Region.

When: September 17 & 18, 10am-6pm. Bike-the-Bridges meet anytime between 9-10:30 am

More information: Visit www.greentopiafestival.com Admission to the festival is free. Free bicycle parking is available at the event.

Print ride maps off the web site and sign the ride waiver on-line;

www.greentopiafestival.com/highlights/bike. The Cycling Alliance is gratefully accepting volunteers to staff the table. Contact Rochelle Bell at rbell@monroecounty.gov to claim your spot

Latino Film Festival

What: The PRFI asks for your support of our film festival during Hispanic Heritage Month.

When: Saturday, September 17, 2011 Doors open at 11am. 12pm-11pm

Where: The Little Theater 240 East Avenue, Rochester, NY

Featured Films:

- Kids Film (Free for public) – 12pm-1pm

- Pa'lante, Siempre Pa'lante (Free with purchase of All Access) – 2pm-3pm
- Mambo to Hip Hop (\$8) – 3:30pm-4:30pm
- New Children/New York (\$8) – 5pm-6pm
- Yo Soy Boricua, Pa Que Tu Lo Sepas (\$15, includes social) – 6:30pm-9pm
- Social Networking with live performance by Trio Los Arpegios 9pm-11pm

More information: All Access Pass \$26. Tickets are available at Little Theatre Box Office, Little Theatre Phone Line: 585-258-0400, or www.prfestival.com/filmfest.html. Please note seating is limited and based on a first come, first served basis.

Faith & Family Workshop

What: The role of faith in overcoming domestic violence. Ms. Laretta Pierce, CEO Covenant Cookies will be the keynote speaker. Ms. Pierce is a survivor of domestic violence who credits her remarkable climb from violence and poverty to safety and prosperity to her faith in God and His profound grace. Her incredible journey and the power of her faith -- which guided her then and is the foundation of her life today -- will inspire and motivate. Ms. Pierce speaks around the world and has been featured on ABC News, TBN and more.

When: Saturday, September 17th, 2pm-9pm

Where: Roberts Wesleyan College Cultural Life Center, 2301 Westside Drive

More Information: Free event! Advanced registration required. Call 425-1580 for information or [Register here](#).

Borderline Personality Disorder Conference

What: The Mental Health Association Presents the 2011 Mental Health Practitioners Seminar

Where: Unity Health System's Education Center, 1555 Long Pond Road, Rochester

When: Thursday, September 22, 2011 6:30-8:30 pm -- Borderline Personality Disorder From the Family Perspective

Friday, September 23, 2011 8-11:30 am -- Past, Present and Future Perspectives of Borderline Personality Disorder: Developing Family Members as Clinical Allies

More information: Call (585) 325-3145 x100. Registration required in the brochure attached above.

NAMI Connection Recovery Support Group

What: NAMI Connection is for anyone who is recovering from, or thinks they may have a mental illness, regardless of the diagnosis. The NAMI Connection support group provides a safe place to learn, share experiences, coping strategies, hope, encouragement and to gain a better understanding of mental illness. The support group is facilitated by trained

peer facilitators, and is not intended to replace professional therapy or treatment. NAMI Connection respects and honors confidentiality.

When: Monday, September 26, 2011 6:30-8:30pm

Where: Rochester Psychiatric Center Rehab Building, 1111 Elmwood Ave. Rochester

More information: Contact Donna Leigh-Estes at (585) 423-1593 or donna.leigh-estes@namirochester.org or check out www.namirochester.org Each Month, we also offer a separate NAMI Connection meeting in Spanish: NAMI Conexion. This special monthly support group takes place as a special addition to the Monday NAMI Rochester Support group meeting.

Reminders

- Please consider applying your attendance for any events that might meet the objectives for independent study credit hours in order to complete your cultural competence training requirements (minimum of 3 credit hours) for the Department of Psychiatry.
- To see any past Stepping Out newsletters, please visit our OMHP homepage for the Stepping Out Archives at [Psychiatry Department: Office of Mental Health Promotion](#)

For more information on events in the community check out the [DBSA Website](#)

Our mailing address is:

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Jessica Poweski

Secretary IV

Office of Mental Health Promotion

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