



**PATIENT INSTRUCTIONS FOR HEMOQUANT STOOL COLLECTION**

1. Patient Preparation

- DO NOT consume red meat (beef, pork or lamb) for three days prior to specimen collection
- DO NOT take aspirin for three days prior to specimen collection

2. Collect Specimen In a Clean Dry Container.

- Use an insert (toilet hat) for toilet **OR**
  - Clean dry wide mouth container
    - Bed pan
    - Wastebasket lined with plastic bag
- DO NOT collect from toilet  
DO NOT urinate on specimen  
DO NOT collect directly in sterile container



Toilet Hat

3. Transfer Specimen Into Sterile Container

- Using plastic spoon or wooden stick transfer specimen into a sterile container
- Recap container making sure cap is on tightly



Sterile  
Container

4. Fill Out Information on Collection Container

- Full name (first and last)
- Date of birth
- Date and time specimen was collected
- Samples lacking complete labeling will not be tested
- Refrigerate the specimen until you are ready to return it to the lab

5. Please return the sample to the lab within 24 hours of collection (keep on ice during transport)