THE DEPARTMENT OF HEALTH HUMANITIES & BIOETHICS



Grand Rounds

Layers in Communication - Recognition and Handling



Pål Gulbrandsen, MD, PhD
Professor
University of Oslo and Akershus
University Hospital, Norway
Visiting Professor
University of Rochester

Thursday, August 28, 2025 12:00 - 1:00 pm Large SMD Auditorium 2-6424

Communication skills training requires that the trainee is made aware of the three layers in interaction: the inner *relational* layer with effects of asymmetry, vulnerability, shame, and belonging, the middle *tasks* layer with effects of cognition, information, and structure, and the observable *connecting* layer with effects of details of mindful presence, precise timing, pauses, and formulation.

ACCREDITATION

The University of Rochester School of Medicine and Dentistry is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CERTIFICATION

The University of Rochester School of Medicine and Dentistry designates this live activity for a maximum of 1 AMA PRA Category 1 Credit(s)TM. Physicians should claim oxnly the credit commensurate with the extent of their participation in the activity. University of Rochester Medical Center, Center for Experiential Learning is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0005.

This activity is approved for 1.0 contact hours. Attendance at the entire program is required (no partial credit can be awarded).

University of Rochester Medical Center Department of Psychiatry is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0117. This course is

approved for 1.0 contact hours. Attendance at the entire program is required (no partial credit can be awarded). University of Rochester Medical Center, Center for Experiential Learning is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists #MFT-0107.

Strong Memorial Hospital, Strong Recovery is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0250.

PSYCHOLOGY CE: This course/session qualifies for professional ethics. A New York State licensee is responsible for complying with New York State laws, rules and regulations. https://www.op.nysed.gov/professions/psychology/laws-rules-regulations.