Essentials of Inpatient Obstetric Nursing Care

Course 1: Physiologic and Psychosocial Changes in Pregnancy

Objectives

Upon completion of this course, the learner will be able to:

- Discuss the physiologic changes associated with pregnancy and how these changes affect physical assessments.
- Describe how physiologic changes associated with pregnancy ensure fetal development.
- Describe how physiologic changes that occur during pregnancy impact laboratory values.
- Discuss three tasks of psychosocial adaptation to pregnancy.

Time to Complete

Approximately four hours.

Length of Course

Sixty-one slides with fourteen review questions.

Length of Post-Test

Ten post-test questions.