Essentials of Inpatient Obstetric Nursing Care

Course 3: Physiologic and Psychosocial Changes in the Postpartum Period

Objectives

Upon completion of this course, the learner will be able to:

- Discuss the physiologic changes associated with each organ system in the postpartum period.
- List the three components of Rubin's Psychosocial Adaptation to Parenthood.
- Describe the changes to the breast during pregnancy and the postpartum period.
- Obtain a score of 80% on the post test.

Time to Complete

Approximately six hours.

Length of Course

Sixty-three slides with twenty-three review questions.

Length of Post-Test

Ten post-test questions.