Student Tutorial: An Introduction to Fetal Heart Rate Monitoring

Learning Objectives
Upon completion of the periFACTS® Student Tutorial, the learner will be able to:

- Describe components of a fetal heart rate (FHR) tracing.
- Determine the FHR baseline.
- Describe periodic and non-periodic FHR changes as they relate to accelerations and decelerations.
- Describe FHR variability.
- List the characteristics of uterine activity.
- Identify early, late, and variable decelerations and explain their physiologic causes.
- Describe appropriate interventions for FHR tracings.

Course Materials
The Student Tutorial program includes:

- Introduction to Fetal Heart Rate Monitoring
- Determining Fetal Heart Rate Baseline
- Baseline Fetal Heart Rate Variability
- Causes of Fetal Heart Rate Changes
- Uterine Contractions/Intrauterine Pressure Catheter
- Fetal Heart Rate Decelerations—Early, Late, and Variables
- Interpreting the Fetal Heart Rate Tracing—What is Your Next Step?

It is recommended that students review the materials in the order shown, as each topic builds from the previous topic.

Review Test
The Review Test reviews the information found in the reading materials and requires students to interpret fetal heart rate tracings. After completing and submitting the test, a printable grade is displayed immediately, as well as explanations for the answers.

Cost
The cost for the Student Tutorial program is $19.95 per student and is only available to nursing schools and students. Each student will be registered to his/her own, individual account to access the program online.

To Purchase
Visit our online store.

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