

## You are scheduled for the following test(s):

### Anal Manometry

Anorectal manometry is a test that evaluates bowel function in patients with constipation or stool leakage. It is done on an outpatient basis with mild discomfort.

It measures:

- **Strength** of the anal sphincter muscles
- **Sensation** of stooling in the rectum
- **Reflexes** that govern bowel
- **Movements** of the rectal and anal muscles

### Anal Ultrasound

Anal ultrasound is used to evaluate the anal sphincter musculature in patients with incontinence or constipation, as well as to evaluate inflammatory and infectious conditions.

### How is this performed?

You will be taken into a room and asked to change into a gown. You may leave all your clothes on the top of your body on. You will be asked to remove the lower portion of clothes on your body. You will be positioned on an exam table.

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**Prep: (1) fleet enema** should be used one to three hours prior to arrival.  
This is an over-the-counter product and can be purchased at any local pharmacy.

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