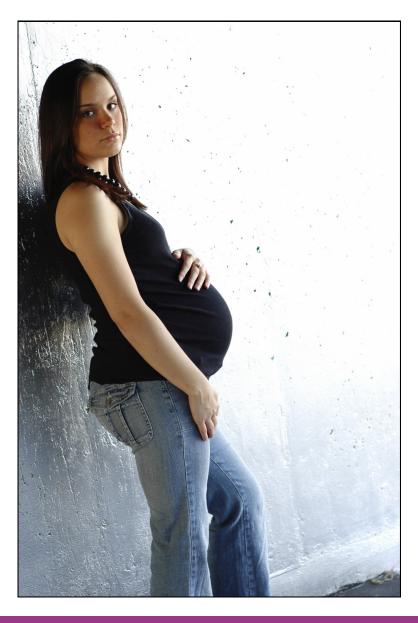




Healthy Families New York (HFNY) is a voluntary home visiting program for expectant and new parents.





## Home visiting services include:

- Tips to keep you healthy
- How to care for your new baby
- Helping you get extra help if you need it
- Helping you keep your health care appointments
- Helping you make your home a safe place for your baby

## You may be eligible for this <u>FREE</u> program!





## **Contact your local HFNY program:**



