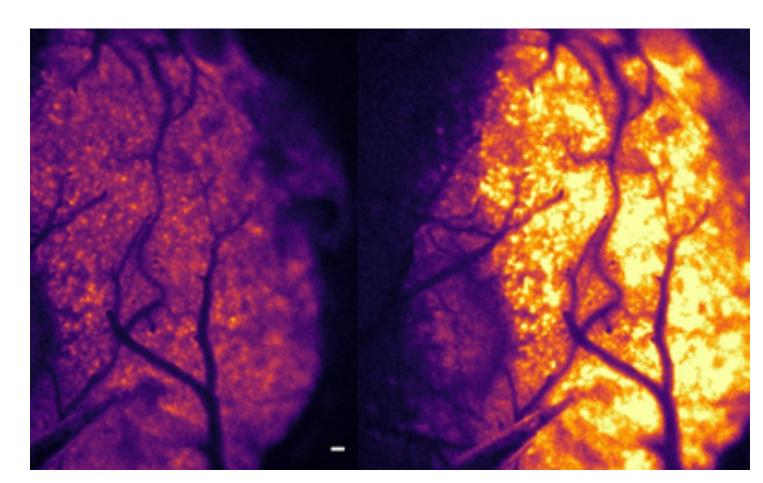


# "A home feeling in the safety of a hospital"

The Cummins family turned to Highland Hospital's palliative care team for support as they navigated difficult medical decisions for two important family members.

Watch their story »



## New imaging method illuminates oxygen's journey in the brain

A new bioluminescence imaging technique has created highly detailed, and visually striking, images of the movement of oxygen in the brains of mice, a method that will enable researchers to more precisely study forms of hypoxia in the brain, such as the denial of oxygen to the brain that occurs during a stroke or heart attack. The new research tool is already providing insight for diseases like Alzheimer's.

Learn more »



#### Unique psychiatry program delivers de-stigmatized, compassionate care

The Medicine in Psychiatry
Services team at the University of
Rochester Medical Center reaches
those with severe mental illness
facing barriers in health care.

Learn more »



#### Microplastics research hub aims to reduce threats to health

A new Rochester-based research center will study the lifecycle of microplastics, including its origin as plastic waste, distribution and movement in the Great Lakes freshwater ecosystem, and human exposure and health impact.

Learn more »



## Day of Giving: May 1

The University of Rochester's annual Day of Giving returns on May 1. Join us and show your support for any area of the Medical Center that is meaningful to you with a donation of any size.

Join in »



## 2024 Registration now open!

Wilmot Breakaway Ride
Warrior Walk + 5k Race
September 21–22, 2024 | Rochester, NY

The Wilmot Warrior Weekend is the premier charity event offering cycling, a walk, and a run in New York's Finger Lakes region. Whether setting the pace on a bike, our walking path, the race course, or as a volunteer, our warriors all have one thing in common—they come together every year to raise money for the Wilmot Cancer Institute and find the advances which move us toward more cures.

Sign up today »

## Social media highlight



•••

Is it allergies? Or are you getting sick?

Many people's allergies are worse than normal this year. Find out why and how to alleviate symptoms: https://urmc.info/Allergies1



Why are my spring allergies so bad?









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