

Strong Recovery Adolescent and Young Adult Program

An innovative, individualized substance use disorder program.

Getting help for addiction is a brave step for teens, young adults, and their families. But finding the right treatment program can be difficult. That's why UR Medicine Strong Recovery created the Adolescent and Young Adult Program. The two-track program focuses on adolescents age 14-18, and young adults aged 18-24.

This program helps patients achieve wellness in an environment tailored to their needs. Our trained staff takes a holistic approach, which includes the patient's loved ones. Our Family Specialists support the loved ones participating in the recovery journey.

How Can We Help?

Patients in our program have the support of a multidisciplinary and experienced team. Our staff focuses on healing the whole individual and helping them maintain recovery. We offer many services to support the needs of our patients and their families, including:

- Individual Therapy
- Group Therapy
- Family Therapy (individual, joint & group)
- Medication Assisted Treatment (MAT)
- Medication Management
- Co-Occurring Disorders Care
- Embedded Mental Health
- Peer Services
- Education/Vocational Support
- Targeted Case Management

To schedule an intake appointment, please call (585) 275-3161.

Part of Strong Memorial Hospital.

