

What is a MATERNAL-FETAL MEDICINE (MFM) subspecialist?



A physician who has advanced knowledge and training in **medical, surgical, obstetrical, fetal, and genetic complications of pregnancy** & their effects on both the woman and fetus.

MFM Subspecialists provide

- 1 consultations
- 2 co-management
- 3 transfer of care

for women with complex conditions before, during, and after pregnancy.

MFM Subspecialists provide peer and patient education;



AND

perform research on innovative approaches and treatments.

MFM subspecialists work with **ALL OBSTETRIC PROVIDERS**



including physician assistants, nurses, NPs, CNMs/CMs, family physicians, and obstetrician-gynecologists to manage **HIGH-RISK PREGNANCIES.**

What is a HIGH-RISK PREGNANCY?



One that threatens the **HEALTH OR LIFE** of the **WOMAN OR HER FETUS.**



EXISTING CONDITIONS, such as **high blood pressure, obesity, diabetes, or being HIV-positive**

Rates of **Gestational Diabetes (GDM) and pre-GDM** have **DOUBLED** in the last 14 years.

Over the last 30 years, **first trimester use of prescription medications** has **increased** **more than 60%**

60% of women of reproductive age are **obese or overweight.**



MULTIPLE GESTATION

In 2014, **3.5%** of all babies born were **TWINS, TRIPLETS OR HIGHER-ORDER MULTIPLES,** accounting for almost **140,000 births** in the U.S.

The number of **MULTIPLES Born in The U.S.** is at an **ALL-TIME HIGH,** according to the National Center for Health Statistics.

PROBLEMS with THE FETUS

Birth defects affect one in every 33 babies born in the U.S. each year.



Birth defects are the leading cause of infant deaths, accounting for **20% of all infant deaths.**

COMPLICATIONS from PREVIOUS PREGNANCIES

e.g. preterm birth, preeclampsia, IUGR

 Society for Maternal-Fetal Medicine
High-risk pregnancy experts